

Recognition of the book:

Name: English Topics for Students

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Introduction

In this meticulously crafted book, the author delves into the most common topics of the world, ranging from the mundane to the extraordinary. Through extensive research and personal insights, the author offers a unique perspective into the subjects that shape our daily lives. The pages of this book are filled with engaging and thought-provoking content that will captivate readers from cover to cover. In a world of endless information, this book stands out as a remarkable guide to understanding the world around us.

Whether you are seeking knowledge or simple entertainment, this book is certain to satisfy your curiosity and expand your horizons. So, sit back, relax and delve into the wonderful and diverse world that the author has brought to life in this captivating read.

Topic 1: The Importance of Business

Vocabulary Bank

Word	Form	Meaning
Modern	Adj	عصري
Consumer	Noun	مصرف کونکی
Corporation	Noun	کارپوریشن, شرکت
Vital	Adj	حياتي
Contributor	Noun	مرسته کونکی
Tax	Noun	مالیه
Revenue	Noun	عاید
Stimulate	Verb	هڻول
Generate	Verb	پیدا کول, جوړول
Raw	Adj	خام
Entertainment	Noun	تفریح
Promote	Verb	وده کول
Efficiency	Noun	موثریت

Business plays a crucial role in modern society as it drives economic growth and provides jobs. A business, by definition, is an organization that provides goods and services to consumers in exchange for money.

Businesses come in many shapes and sizes, ranging from small local enterprises to multinational corporations. In this essay, I will discuss the importance of business in today's society.

Firstly, businesses are vital contributors to a country's economy. They create jobs, contribute to tax revenues,

and stimulate economic growth. Companies generate revenue by producing goods and services, which are consumed by individuals and other businesses. This, in turn, creates demand for raw materials, transportation services, and other goods and services, leading to opportunities for other businesses to grow and thrive.

Secondly, businesses provide important goods and services to consumers, which improves their quality of life. From basic necessities like food and clothing to more advanced technology like smartphones and personal computers, businesses produce and provide goods and services that enhance the standard of living. Businesses also offer services such as healthcare, education, and entertainment, which are essential to maintaining a healthy and productive society.

Thirdly, business plays a significant role in promoting innovation and technology advancement. Businesses are at the forefront of developing new technologies and products that meet the ever-changing needs of consumers. Through research and development, businesses drive innovation, creating new products, and technologies that enhance the quality of life. In addition, businesses promote efficiency through the development of new processes and systems, which have a broader positive impact on the society.

Fourthly, business provides opportunities for personal growth and development, including skills development and entrepreneurship. Starting and running a business

can be a challenging venture, allowing individuals to develop critical thinking and problem-solving skills, and to put their creativity to use in developing new products and services. It also allows individuals to take on leadership positions and develop professional skills, which can lead to personal and financial reward.

Finally, businesses also contribute to the development and growth of communities. Companies often support various charitable and community initiatives, which helps to strengthen the local economy and enhance the living standards of individuals. They also provide financial support to local schools and non-profit organizations, contributing positively to the community's social and economic growth.

In conclusion, the importance of business can not be overemphasized. Businesses drive economic growth, provide essential goods and services, promote innovation and technology, offer opportunities for personal growth and development, and contribute to the development and growth of communities. Business plays a vital role in the modern society and will continue to be a crucial contributor to our collective growth and development.

Topic 2: Why Everyone Should Study University

Vocabulary Bank

Word	Form	Meaning
Regardless	Adj	پرته له دي
Professional	Adj	مسلکي
Valuable	Adj	ارزبنتاک
Lifelong	Adj	ٽول عمر
Explore	Verb	گرځيدل
Perspective	Noun	نظر، ليد
Horizon	Noun	فکر، ذهنيٽ
Intellectual	Adj	فکري
Barrier	Noun	خنڊ
Emerging	Adj	عصري
Competitive	Adj	رقابتي

There are many compelling reasons why everyone should study at university regardless of their field of interest or current job. University education offers a platform for personal and professional development, enhances social mobility, and provides valuable knowledge and skills that are relevant in a rapidly changing job market. Moreover, a university education offers opportunities for networking and building lifelong connections with peers and mentors. In this essay, we will explore in detail why everyone should study at university.

Firstly, university education provides an excellent platform for personal and professional development. Students are exposed to a wide range of ideas, perspectives, and experiences that broaden their intellectual horizons. Moreover, students are encouraged to express their ideas, challenge conventional wisdom, and engage in critical thinking, helping them develop their analytical abilities, communication skills, and problem-solving skills. These skills not only enable students to become better learners but also enhance their employability in a highly competitive job market.

Secondly, university education enhances social mobility. Access to university education provides people from all backgrounds with an equal opportunity to succeed in their careers and improve their standard of living. The increased access to university education has led to a rise in the number of people from disadvantaged backgrounds accessing higher education, thus breaking down social and economic barriers. Indeed, university education provides a critical pathway for social mobility, enabling individuals to climb the social ladder and achieve their goals, regardless of their background.

Thirdly, university education provides valuable knowledge and skills that are relevant in a rapidly changing job market. University courses are designed to equip students with up-to-date information, skills, and knowledge that are relevant to their chosen career paths. They learn about industry trends, emerging technologies, and new best practices in their fields of study. This

enables graduates to stay ahead of the curve and remain competitive in the job market long after they have left the university.

Fourthly, university education offers opportunities for networking and building lifelong connections with peers and mentors. Students typically build lasting relationships with fellow students, faculty members, and industry experts who can provide guidance and support throughout their careers. Networking opportunities during university events, internships, and career fairs can also connect students with employers who may be seeking to recruit talented graduates. Therefore, a university education offers an unparalleled opportunity to connect with other driven and ambitious individuals who can play a critical role in personal and professional growth.

In conclusion, university education provides an excellent platform for personal and professional development, enhances social mobility, provides valuable knowledge and skills, and offers opportunities for networking and building lifelong connections with peers and mentors. Regardless of one's field of interest or current job, university education is instrumental in shaping future career paths, offering a critical pathway for social and economic mobility, and providing invaluable knowledge and skills that remain relevant long after graduation. Therefore, everyone should study at university to take advantage of the numerous benefits it offers.

Topic 3: Who Invented Smartphone and why is important to use in Daily life?

Vocabulary Bank

Word	Form	Meaning
Revolutionize	Verb	په پوره توگه بدلول
Communicate	Verb	خبرې كول
Assistant	Noun	مرستيال
Remotely	Adverb	له لري خای څخه
Operate	Verb	چلول
Accessibility	Noun	لاسرسی
Crucial	Adj	مهم
Essential	Adj	ضروري
Grow	Verb	وده كول
Landmark	Noun	نېښه
Evolution	Noun	تکامل

The invention of the smartphone is a significant landmark in the history of technological evolution. A smartphone is a mobile device that combines the functionalities of a computer, a personal digital assistant, and a mobile phone. The first smartphone was invented in 1992 by IBM Simon, but it wasn't until the release of the iPhone in 2007 by Apple that the smartphone became wildly popular.

The invention of the smartphone revolutionized the way people communicate, work, and access information. Smartphones are a crucial part of our lives as they provide instant access to a wealth of information and services. For example, we can use smartphones to make phone calls, send text messages, access the internet, check emails, use social media, listen to music, play games, and much more.

One of the most significant advantages of smartphones is their mobility. They allow us to stay connected with people and information, even when we are on the go. This benefit has been particularly important during the COVID-19 pandemic, which has forced people to work and learn remotely. Without smartphones, it would have been extremely challenging to carry out many of our daily tasks.

Furthermore, smartphones have revolutionized the way businesses operate. Companies can now use smartphones to stay connected with employees and clients, enabling more efficient communication and better decision-making. Additionally, e-commerce has thrived due to the simplicity and accessibility of smartphone use.

In summary, the invention of the smartphone is crucial to our lives and has drastically changed the way we communicate, work, and access information. The mobile nature of smartphones and the availability of multiple features and applications have made them an essential device for our daily routine. Smartphones have become

an indispensable part of modern human life, and their importance will continue to grow in the years to come.

Topic 4: The Role of Neighbors in Life

Vocabulary Bank

Chore	Noun	کار
Embody	Verb	مجسم کول
Contribution	Noun	مرسته
Unexpected	Adj	غیر متوقع
Compassion	Noun	شفقت
Volunteer	Noun	رضاکار
Festival	Noun	جشن، فستیوال
Revolve	Verb	گر خپدل
Conclusion	Noun	پایله
Merely	Adv	یوازې
Supportive	Adj	ملاتړ کوونکی
Engage in	Ph verb	مشغول کیدل

Neighbors play a crucial role in everyone's life. They provide emotional and social support, and their presence adds a sense of security to a community. From helping out with daily chores to offering a listening ear, neighbors embody a type of connection that is not easily found elsewhere.

One of the most significant contributions that neighbors make is in times of crisis. Natural disasters, medical emergencies, or unexpected accidents can form emotionally and physically draining situations. However, neighbors can provide the comfort and compassion necessary to weather the storm together. For example,

during the COVID-19 pandemic, many people struggled to acquire basic necessities, such as groceries and medications. In such circumstances, neighbors volunteered to shop for the elderly and the vulnerable people living in their vicinity. Acts of kindness such as these provided individuals with hope during a difficult time.

Additionally, neighbors can bring communities together. Block parties, seasonal festivals, and neighborhood watch programs all revolve around neighbors supporting one another. They can help foster a sense of belonging, build relationships, and promote community safety. For example, a neighborhood watch might be effective in making the community feel safer since neighbors work to keep an eye out for one another's homes and families.

In conclusion, having a good relationship with one's neighbors can make a difference in the quality of life and contribute to creating a more connected community. Neighbors are not merely people living next door, but rather key constituents in creating a supportive, caring environment in which to live. By valuing our neighbors' importance and actively engaging in neighborly activities, people can create the kind of communities that provide a sense of support and safety, and that everyone deserves.

Topic 5: Teachers and Their Importance

Vocabulary Bank

Word	Form	Meaning
Shape	Verb	جوړول
Enlightenment	Noun	رڼا
Mentor	Noun	لارښوود
Imparting	Noun	انتقال
Navigate	Verb	چلول
Overstate	Verb	مبالغه کول
Lay	Verb	ایښودل
Foundation	Noun	بنياد
Aspiration	Noun	هيله
Pursue	Verb	تعقيب کول
Adviser	Noun	لار ښوونکی
Advance	Verb	مخکې تګ کول

A teacher is a professional who plays a crucial role in shaping the future of society. Teachers are regarded as guides who lead students towards success and enlightenment. As mentors, they take on the task of imparting knowledge, values, and skills needed to navigate the challenges of life.

The importance of teachers in society cannot be overstated. They are responsible for laying a foundation for individuals to pursue their dreams and aspirations, which can ultimately benefit the community as a whole. Moreover, they serve as strong role models and provide

inspiration to their students. Teachers act as counselors, advisers, and confidants, and they instill in their students a sense of morality that will shape their behaviors for years to come.

In today's world, where knowledge and technology are continually advancing at an unprecedented rate, teachers play a more significant role than ever before. As educators, they are constantly adapting to new teaching methods and integrating technology into their lesson plans. With the right teaching methods, teachers can develop in their students an intellectual curiosity that will pave the way for creativity, innovation, and scientific advancement.

In conclusion, teachers are essential members of society, and their impact cannot be overstated. They cultivate and inspire young minds, instill values, and play a fundamental role in shaping the future. Teachers are the unsung heroes who selflessly dedicate themselves to improving the lives of others, and we should recognize and celebrate their contributions to our communities.

Topic 6: **Book**

Vocabulary Bank

Word	Form	Meaning
Inspire	Verb	متاثره كول
Classic	Adj	كلاسيك
Gripping	Adj	توجه جلب كوونكى
Prejudice	Noun	تعصب
Captivating	Adj	جذب كوونكى
Audience	Noun	ليدونكى
Witty	Adj	هوينيار
Portrayal	Noun	تشریح
Timeless	Adj	وخت نه لرونكى
Masterpiece	Adj	شاهكار
Wizarding	Adj	جادوگر
Countless	Adj	بي شميره

Books are an essential part of our lives. They offer an escape from reality, they educate and inform, and they inspire. From classic literature to gripping thrillers, books come in all shapes and sizes, catering to every taste and interest.

One such example of a classic literature novel is Jane Austen's *Pride and Prejudice*. It has been a beloved book for generations, captivating audiences with its witty and romantic portrayal of early 19th century England. The novel is a timeless masterpiece, teaching readers about love, relationships, and society's expectations.

Another notable book is J.K. Rowling's Harry Potter series. These books have taken the world by storm, bringing the magic of the wizarding world to life. The series has made an impact on countless readers, inspiring a love of reading in millions of young people.

Books are also a means of learning and expanding knowledge. Stephen Hawking's *A Brief History of Time* is an excellent example of a book that deepens readers' understanding of the universe and its workings. The book delves into complex topics such as black holes and time travel while making them accessible to non-scientists. It is a fascinating read that challenges the reader's comprehension.

Memoirs and biographies also teach readers about the lives of others. *David and Goliath* by Malcolm Gladwell provides an insightful look at the lives of underdogs. The book tells stories of ordinary people who have achieved extraordinary things, providing inspiration and insights into the human condition.

Books offer an escape from reality, presenting a chance to explore new worlds and ideas. Fantasy novels like George R.R. Martin's *A Song of Ice and Fire* series transport readers to a completely different world, filled with dragons, magic, and political intrigue. Similarly, mystery novels like Agatha Christie's *And Then There Were None* engage viewers with their puzzles and twists,

providing an escape into the world of thriller and suspense.

In conclusion, books are essential to our lives, offering an opportunity to explore new ideas, expand our knowledge, and escape into new worlds. They are a valuable resource for education, information, and entertainment, providing inspiration and wisdom for generations to come. Whether reading a classic novel or a modern thriller, the joy of books is truly timeless.

Topic 7: The Importance of Reading

Vocabulary Bank

Word	Form	Meaning
Possess	Verb	لرل
Broaden	Verb	پراخول
Face-paced	Adj	گړندی
Crack open	Idiom	درز خلاصول
Facilitate	Verb	اسانه کول
Diverse	Adj	متنوع
Visualize	Verb	لیدل
Witch	Adj	جادوگره
Wizard	Adj	جادوگر
Self-improvement	Noun	د ځان بڼه والی
Expand	Verb	پراخول

Reading is one of the most important skills a person can possess. It is through reading that we gain knowledge, develop our imagination, and broaden our perspectives. Unfortunately, the art of reading is becoming increasingly rare in today's fast-paced world. Many people choose to spend their free time on screens rather than cracking open a book. In this essay, I will argue that reading is essential and explore the benefits of reading for personal and professional growth.

One of the main benefits of reading is that it helps facilitate the acquisition of knowledge. Reading a diverse range of books enables readers to learn about different topics and subjects. For example, reading the works of scholars, scientists, and philosophers can help readers deepen their understanding of various concepts and ideas. Similarly, reading literature and history can help readers grasp complex ideas embedded in those texts. Knowledge, as they say, is power, and reading is a way to gain that power.

Developing an active imagination is also essential in personal growth. Reading allows one to develop an active imagination by visualizing characters, settings, and relationships in the book. Novels like J.R.R. Tolkien's *The Lord of the Rings* or J.K. Rowling's *Harry Potter* allow readers to enter a fantastical world, bringing to life mythical creatures like witches, wizards, and dragons. These imaginative exercises allow the brain's cognitive function to develop critical cognitive skills, which can help improve memory and creativity.

Reading can also increase reading and writing skills and overall proficiency with language, which is essential for professional growth. Reading can help individuals improve their grammar, spelling, and syntax. It also helps with oral communication skills as reading can help develop vocabulary, diction, and pronunciation.

Furthermore, reading enhances an individual's critical thinking skills, enabling one to interpret information and communicate more effectively.

In conclusion, reading is a crucial skill that can significantly impact a person's personal and professional growth. The acquisition of knowledge, development of imagination, and improvement of language skills are key components of the benefits of reading. Reading is not only a form of entertainment but also a way of self-improvement. In today's fast-paced world, where technology seems to be taking over many aspects of our lives, we must continue to cultivate our reading habits to further expand our knowledge and growth.

Topic 8: Time

Vocabulary Bank

Words	Forms	Meanings
Precious	Adj	قیمتی
Limited	Adj	محدود
Result	Verb	سبب کیدل
Prioritize	Verb	لومړیتوب ورکول
Deadline	Noun	وروستنۍ نېټه
Procrastination	Noun	ځنډول
Productivity	Noun	تولید
Maximize	Verb	اعظمي کول
Client	Noun	پیرودونکي
Additionally	Adv	ددې برسیره، علاوه پر دې

Time is something that is both precious and limited. Despite its abundance, we often struggle to make the most of it. Time management is an essential skill that could result in achieving personal and professional goals. In this essay, we will explore the importance of time and how to use it effectively.

To begin with, time is a valuable resource that we can never get back once it is spent. We all receive the same amount of time per day, but what we choose to do with it makes all the difference. Time management is essential since it helps an individual to use their time more

efficiently. For example, prioritizing tasks and creating deadlines helps create structure within one's day. It also helps avoid procrastination or putting off tasks that are essential.

Time management is especially important in professional settings, where work is bound by schedules and deadlines. Effective time management results in higher productivity, which leads to greater success in the long run. For example, a sales professional might schedule appointments throughout the day to maximize the time spent with clients. Similarly, students often benefit from using their time well, scheduling study sessions and allocating specific hours to each task.

Additionally, managing time effectively can also lead to greater personal fulfillment. People often complain about not having time to do the things they enjoy, such as hobbies or spending time with loved ones. Time management can help carve out some time for these activities and enable an individual to lead a more well-rounded life. For example, an individual who loves to read can schedule time to read for an hour each night before bed.

Lastly, time management is not just about efficiently allocating time. It is also essential to allow time for rest and relaxation. Burning the candle at both ends leads to burnout, stress, and even physical and mental exhaustion. Consequently, taking breaks throughout the

day, helping individuals recharge, decreases stress levels.

In conclusion, time is finite and essential, yet challenging to manage. Effective time management is crucial to achieving personal and professional goals, leading to a more productive and satisfying life. Creating a structured schedule, prioritizing tasks, and allowing for rest and relaxation are essential practices associated with time management. By learning to manage time effectively, one can enjoy a more fulfilling life while achieving goals and reducing stress levels.

Topic 9: Global Warming

Vocabulary Bank

Word	Form	Meaning
Threat	Noun	گواہش
Accumulate	Verb	جمع کول
Consequence	Noun	پایلہ
Far-reaching	Adj	مہم
Extreme	Adj	شدید
Cyclone	Noun	بیربوکی
Drought	Noun	وچکالی
Migration	Noun	مہاجرت
Destruction	Noun	تخریب

Global warming is a serious issue that has become a threat to our planet. It refers to the long-term increase in Earth's average surface temperature caused by the accumulation of greenhouse gases in the atmosphere, such as carbon dioxide. The consequences of global warming are far-reaching and can affect the planet's ecosystem and the human way of life. This essay will explore the causes, effects, and solutions to global warming.

Firstly, the principal cause of global warming is human activity, including the burning of fossil fuels such as coal, oil, and gas, which produces carbon dioxide that traps heat in the atmosphere. This increase in temperature leads to the melting of polar ice caps, rising

sea levels, and extreme weather conditions such as hurricanes, cyclones, floods, and droughts. For instance, in 2005, Hurricane Katrina caused widespread destruction and killed over 1,800 people in the United States.

Moreover, global warming has significant impacts on biodiversity. It affects plants and animals by changing their habitats, migration patterns, and food sources. For example, the loss of Arctic sea ice due to global warming has a significant impact on polar bears, reducing their hunting grounds and leading to malnourishment and infertility.

Solutions to global warming require a combination of individual and collective actions. Firstly, governments need to implement policies that encourage the use of renewable energy sources such as solar, hydro, and wind power. Secondly, individuals must take action in their daily lives, such as reducing energy consumption and waste, using public transport, and adopting a plant-based diet. These actions will help reduce the production of greenhouse gases and limit the effects of global warming.

In conclusion, global warming is a global issue that requires immediate action from individuals and governments. The consequences of global warming are far-reaching and can affect the planet's ecosystem and affect human life. Through collective efforts and actions, we can mitigate the effects of global warming by

reducing greenhouse gas emissions and adopting sustainable practices to preserve our planet for future generations.

Topic 10: **Hard Work**

Vocabulary Bank

Word	Form	Meaning
Domain	Noun	برخه
Academic	Adj	علمی
Illustrate	Verb	روینانه کول
Ethic	Noun	اخلاق
Fulfill	Verb	پوره کول
Potential	Noun	احتمال
Consistent	Adj	ثابت
Excel	Verb	ښه کار کول
Dedicated	Adj	وفادار

Hard work is an essential part of personal progress and success in any domain, be it academics, sports, arts, or business. It refers to putting in extra time and effort, going the extra mile, and being committed to achieving one's goals and dreams. In this essay, I will discuss the importance of hard work and present examples and details that illustrate the benefits of a strong work ethic.

Firstly, hard work is crucial for achieving one's goals and fulfilling one's potential. Without practice and dedication, whether it is in studying, practicing a musical instrument, or mastering a new skill, progress is unlikely to happen. For example, a student who wants to excel academically needs to study hard, do assignments, and prepare for exams consistently. Similarly, an athlete who

wants to compete at the highest level needs to train regularly, watch their diet, and be disciplined.

Secondly, hard work sets an excellent example for others. When people observe someone who is focused and dedicated, they find inspiration and motivation in that person. It encourages them to strive for their own goals and not give up when things get tough. Role models who emphasize the importance of hard work can inspire others to work harder and achieve their full potential. For instance, the work ethic of successful entrepreneurs like Elon Musk, Steve Jobs, and Jeff Bezos has been the source of inspiration for many aspiring entrepreneurs due to their unwavering commitment to their goals.

Finally, hard work pays off in various ways, including financial gain, recognition, and self-satisfaction. Those who work hard in their respective fields tend to achieve higher levels of success and recognition, which, in turn, provides more opportunities and rewards. For example, a salesperson who excels through hard work can receive commissions, bonuses, and promotions. A musician who practices tirelessly can gain recognition, fans, and bookings for gigs.

In conclusion, hard work is an essential ingredient for success and progress in any area of life. It is the key to fulfilling potential, setting an example for others, and reaping rewards such as financial gains, recognition, and

personal fulfillment. We should all prioritize hard work in our life goals if we want to reach our full potential.

Topic 11: **Success**

Vocabulary Bank

Words	Forms	Meanings
Concept	Noun	مفہوم
promotion	Noun	ترویج
Deem	Verb	گنل
Understanding	Noun	پوہہ
Hurdle	Noun	خند
Overcome	Verb	بر لاسی کیدل
Addiction	Noun	اضافہ
Impact	Noun	اغیزہ
Approach	Verb	رسیدل
Persuasive	Adj	هخونکی

It is important to start by defining what success means to you. Success can mean different things to different people, so it is crucial to provide examples and details to support your understanding of the concept.

One example of success is achieving a specific career goal, such as getting a promotion or completing a difficult project. For instance, a sales executive who exceeds their sales goals or a writer who publishes a bestselling novel can both be deemed successful in their respective fields.

Another aspect of success can be personal growth and development. Moving past hurdles and barriers in your

personal life, such as overcoming an addiction or learning a new skill, can be considered a success. For instance, someone who quit smoking or learned to speak a new language can be deemed successful in their own right.

Success can also be measured in terms of making a positive impact on others. Volunteering your time and resources to help better the community, or starting a non-profit organization that generates positive change, can be considered a success. A person who sets out to make a difference in the world and achieves what they set out to do can rightfully claim success.

In conclusion, success can take on different meanings for different people. Regardless of what success looks like for you, it is critical to provide examples and details that support your understanding and definition of the term. Through this approach, your essay will be more persuasive and impactful.

Topic 12: Islam

Vocabulary Bank

Words	Forms	Meanings
Originate		سرچينه اخيستل
Follower		پيروونكى
Scripture		صحيفه
Core		اصل
Pilgrimage		حج
Profound		ژور
Artistic		هنري
Cultural		كلتوري
Promote		وده كول
Ideology		نظريه

Islam is a monotheistic religion that originated in the Arabian Peninsula during the 7th century CE. It is the second largest religion in the world, with over 1.8 billion followers globally. The followers of Islam are called Muslims and they believe in one God, Allah, and that Muhammad is His messenger. Islam's holy scripture, the Quran, is believed to be the final and complete word of God as revealed to the Prophet Muhammad.

Islam has five pillars that embody the core beliefs and practices of the faith. These five pillars include the declaration of faith (Shahada), prayer (Salah), charity (Zakat), fasting during the month of Ramadan (Sawm), and the pilgrimage to Mecca (Hajj). Muslims around the

world follow these pillars to strengthen their faith and to seek God's mercy and forgiveness.

Islam has had a profound impact on history, civilization and culture. The Islamic Golden Age saw significant advancements in fields such as mathematics, science, art, and literature. Islamic architecture, such as the iconic domes and minarets of mosques, is a testament to the religion's artistic and cultural contributions.

Islamic theology is based on the idea of submission to the will of Allah and the belief in the afterlife. Muslims believe in angels, the Day of Judgment, and the existence of heaven and hell. Muslims strive to live a life that is guided by the teachings of Islam in this world in the hope of attaining a righteous and blessed life in the hereafter.

Despite its powerful influence, Islam has faced significant challenges in recent times, with some factions promoting extremist and violent ideologies. It is important to recognize the diversity of Muslim communities and to promote dialogue and understanding between people of all faiths and backgrounds.

In conclusion, Islam is a rich and complex religion that has played a significant role in shaping history, civilization and culture. Its teachings and beliefs have provided guidance and inspiration to millions of people around the world. Understanding and appreciating Islam is an important step in promoting peace, tolerance, and understanding between nations, cultures and religions.

Topic 13: Management

Vocabulary Bank

Words	Forms	Meanings
Crucial	Adj	مهم
Optimize	Verb	اصلاح كړول
Leading	Adj	مخکين
Productivity	Noun	ابتکار, تولید
Adjustment	Noun	سمون
Efficiency	Noun	موثریت
Workplace	Noun	د کار ځای
Communication	Noun	ارتباط
Delegation	Noun	پلاوي
Competitive	Adj	رقابتي

Management is a crucial aspect of any business or organization's success. Effective management involves organizing resources such as time, money, and people to achieve specific goals. The goal of management is to optimize the use of available resources to maximize profits and productivity.

There are various approaches to management, including planning, organizing, leading, and controlling. Planning involves setting goals and outlining the steps needed to achieve them. Organizing involves putting resources in place to achieve those goals. Leading involves providing direction and motivation to employees, while controlling

involves monitoring progress and making necessary adjustments to ensure success.

Different management theories have developed over time, including scientific management, which focused on efficiency in the workplace, and human relations management, which emphasizes creating a positive work environment to increase employee satisfaction and productivity.

Strong management skills are crucial to the success of any business or organization. Effective managers are skilled in communication, problem-solving, decision-making, and delegation. They are also adept at handling conflicts, setting priorities, and managing time.

To become a successful manager, it is essential to continue learning and improving management skills through training and education. It is also important to stay up-to-date with new management techniques and trends in the industry to remain competitive.

In conclusion, management is a vital aspect of any business or organization's success. Effective management involves the optimal utilization of resources to achieve specific goals. Different management theories and approaches have developed over time, and it is essential to continue to develop and improve management skills through training and remaining up-to-date with industry trends.

Topic 14: **Mother**

Vocabulary Bank

Words	Forms	Meanings
Figure	Noun	خبره
Nurture	Verb	پالنه كول
Supportive	Adj	ملا تر كوونكى
Tireless	Adj	نه ستر ي كيدونكي
Bond	Noun	اريكه
Cherish	Verb	قدر كول
Aspiration	Noun	هيله
Unbreakable	Adj	نه ماتيدونكى
Encouragement	Noun	هخونه
Eternal	Adj	ابدي

A mother is one of the most important figures in a child's life. Mothers are the ones who love their children unconditionally, care for them during sickness and health, and provide a nurturing and supportive environment for them to grow and develop. With their unique presence and tireless efforts, mothers are the ones who shape the characters of their children and help them become responsible and successful individuals.

The relationship of a mother with her child is a bond that cannot be broken. A mother is the one who gives birth to her child, nourishes them, and provides them with the

essential things needed for their survival. Mothers are the ones who give their children support, guidance, and love throughout their lives. They are their children's first teachers, who guide them in the right direction and teach them moral values that they can cherish throughout their lives.

Mothers are also the providers for their children. They work hard to make sure that their children have everything they need, from food and clothing to a good education. Most mothers sacrifice their own dreams and aspirations to give their children a better life than theirs.

The bond between a mother and her children remains unbreakable even when they grow up. Mothers are a constant source of support and encouragement for their children. They are always there to listen to their children's problems, provide emotional support and offer a helping hand whenever needed. Mothers always strive to make their children happy and ensure that they are safe from harm.

Furthermore, mothers always put their children's interests before their own. They make many sacrifices, such as giving up their careers to raise their children, putting their children's needs before their own, and prioritizing their children's happiness above everything else. Their selflessness is admirable, and they strive to make their children's lives as fulfilling as possible.

The love and care that a mother provides to her children cannot be replaced by anything in the world. A mother's

love is unconditional and eternal. For instance, my mother always sacrifices her time and energy to make sure that all my needs are met. From the time I was born, she has been there for me, supporting me both emotionally and physically. She always encouraged me to pursue my dreams and pursue my passions and continuously motivated me to reach for the stars.

In conclusion, a mother is an essential figure in a child's life. She is the person who shapes her children's character, provides unconditional love and care, and provides her children with the tools to become responsible and successful individuals. Mothers always put their children's interests first and make immense sacrifices to provide a better life for them. The love and care that a mother provides are priceless and cannot be compared to anything else in the world. I love my mother for all that she has done for me, and I am grateful for everything that she has given me.

Topic 15: **Father**

Vocabulary Bank

Words	Forms	Meanings
Upbringing	Noun	روزنه
Irreplaceable	Adj	نه بدلیدونکی
Navigate	Verb	جلول
Shelter	Noun	سرپناه
Stability	Noun	ثبات
Resilience	Noun	انعطاف
Role model	Noun	مثال, رول ماڊل
Emulate	Verb	تقلید کول
Potential	Noun	احتمال
Financial	Adj	مالي

A father is one of the most important figures in a child's life. Fathers play a vital role in a child's upbringing, teaching them values, providing guidance, and helping them become responsible individuals. Fathers are the ones who work tirelessly to provide for their families and ensure that their children have everything they need to succeed.

The relationship between a father and his child is unique and irreplaceable. Fathers often act as role models for their children, showing them how to be honest, responsible adults. They teach their children right from wrong, help them set goals and give them the necessary support and guidance to achieve them. Fathers also play

an essential role in helping their children navigate the challenges of life, offering support and guidance when needed.

Fathers are also providers for their children. They work hard to ensure that their children have the necessities of life like food, shelter, and clothing. They make huge sacrifices, often putting their own needs aside, to provide their children with the best possible life. They work long hours and multiple jobs just to make ends meet.

Furthermore, fathers play an essential role in their children's emotional development. Fathers provide a sense of security and stability to their children, making them feel loved and protected. They offer support and encouragement to their children when things get tough, helping them develop the resilience they need to succeed in life.

Fathers also provide children with a male role model, which can be vital to their development. Boys, in particular, can look up to their fathers as they grow up, trying to emulate them and become like them. Fathers can inspire their children to become confident, successful adults, encouraging them to fulfill their dreams and reach their potential.

One of the most important things that a father can provide is their time. This means being present in their children's lives, taking the time to talk to them, to take them out for activities, and to just be there when they need someone to talk to. This presence can be especially

important when children are going through difficult times or struggling with emotional issues.

In conclusion, a father plays a crucial role in a child's life, providing guidance and support, acting as a role model, and offering emotional and financial support. They provide a sense of security, stability, and love to their children, helping them become responsible, successful adults. Fathers work hard to ensure that their children have the best possible life, making great sacrifices to provide for them. The importance of fathers cannot be overstated, and the love and care that they provide their children are invaluable. I am grateful for everything that my father has done for me, and I know that I can always count on him to be there when I need him.

Topic 16: The Importance of Exercise

Vocabulary Bank

Words	Forms	Meanings
Maintain	Verb	ساتل
Numerous	Adj	گن
Combat	Verb	مبارزه کول
Chronic	Adj	مزمن
Enhance	Verb	لوړول
Explore	Verb	څيړل
Obesity	Noun	چاقی
Overweight	Adj	ډير چاغ
Depression	Noun	خپگان
Self-esteem	Noun	د ځان احترام

Exercise is an essential activity for maintaining good health. Engaging in regular physical activity has numerous benefits for both the body and mind. It is crucial for maintaining a healthy weight, combating chronic illnesses, improving mental health, and enhancing overall quality of life. In this essay, we will explore the significance of exercise and provide some examples of how it can improve our lives.

One of the most obvious benefits of exercise is maintaining a healthy weight. Regular physical activity helps to burn calories, which can help us maintain a

healthy weight or even lose weight if we are overweight. Regular exercise can help to reduce the risk of obesity, heart disease, high blood pressure, and diabetes.

Exercise also plays a vital role in combating chronic illnesses. Regular physical activity can help to lower blood pressure and cholesterol levels, reducing the risk of heart disease. This is because exercise strengthens the heart, making it work more efficiently. Exercise has also been shown to reduce the risk of certain types of cancer, including breast cancer and colon cancer.

Furthermore, exercise is essential for maintaining good mental health. Physical activity releases endorphins, which are hormones that make us feel good. Exercise has been shown to reduce symptoms of depression and anxiety, and improve self-esteem. In addition, regular exercise can help to improve cognitive function, which can help us to stay mentally sharp as we age.

Exercise can also enhance overall quality of life. It can improve our sleep patterns, increase our energy levels, and boost our immune system. Regular exercise can also lead to an increase in social interaction, which is essential for overall well-being.

There are many different ways to incorporate exercise into our daily lives. For example, we can go for a walk or run, participate in sports, go swimming, or take a fitness class. Other examples of exercise include cycling, weight training, hiking, and yoga.

In conclusion, the importance of exercise cannot be overstated. Regular physical activity has numerous benefits for both the body and mind, including maintaining a healthy weight, combating chronic illnesses, improving mental health, and enhancing overall quality of life. There are many different ways to incorporate exercise into our daily lives, and it is never too late to start. By making exercise a regular part of our routine, we can ensure that we are taking care of our bodies and minds, and living our best lives.

Topic 17: **Sports**

Vocabulary Bank

Words	Forms	Meanings
Integral	Adj	بشیر
Ancient	Adj	لرغونی
Engaged	Adj	بوخت
Flexibility	Noun	انعطاف
Endurance	Noun	برداشت
Diabetes	Noun	شکر
Promote	Verb	وده کول
Sound mind	Noun	سالم ذهن
Socialize	Verb	ټولنیز کول
Beneficial	Adj	ګټور

Sports are an integral part of human life. Since ancient times, human beings have engaged in various forms of physical activities, ranging from hunting to running. Nowadays, sports have evolved into a highly competitive and organized field, where millions of people participate from around the world. It has become an essential aspect of our lives, providing numerous benefits to our physical and mental well-being. In this essay, we will explore the significance of sports and provide some examples of how it can improve our lives.

One of the most obvious benefits of sports is physical fitness. Engaging in sports activities helps to develop strong muscles, improve flexibility and enhance

endurance. It also helps to manage body weight, reduce the risk of chronic diseases such as heart disease, high blood pressure, and diabetes. Physical fitness helps to develop a healthy body and promotes a sound mind.

Sports also provide an opportunity for socialization and community building. Sports help to develop teamwork and communication skills, providing a platform for individuals to interact with others and form bonds with peers. It is a source for socialization and fellowship building that is beneficial for all ages. The relationships formed through sports are often long-lasting and contribute positively to an individual's overall well-being.

Sports also serve as a source of motivation and inspiration. Athletes who excel in their sport serve as role models for young and aspiring athletes. These athletes have often overcome challenges and obstacles en route to their successes, serving as an inspiration to others. Their success provides an impetus for individuals to strive for excellence and to work hard towards their goals.

Furthermore, sports provide an opportunity for personal growth and development. Through sports, individuals are introduced to challenges that test their mental and physical strength. The discipline and perseverance required to excel in sports, teach individuals to challenge themselves, and push beyond their limits. It teaches

players to focus on their strengths and weaknesses, learn from failures, and strive for continual improvement.

Sports have numerous benefits. They promote physical fitness, socialization, community building, motivation, inspiration, and personal growth and development. Some examples of sports include football, basketball, baseball, volleyball, tennis, swimming, and running. These activities are enjoyed by people of all ages, and millions of individuals participate in these sports yearly.

In conclusion, the importance of sports in society cannot be understated. It is an essential aspect of human life, promoting physical fitness, socialization, motivation, inspiration, and personal growth. Engaging in sports can be a source of joy, fulfillment, and positive mental health. It provides an opportunity for individuals to challenge themselves, develop new skills, and forge connections with others. Through sports, individuals can build a healthy body and a sound mind, contributing positively to their overall well-being.

Topic 18: **Gym and Its Benefits**

Vocabulary Bank

Words	Forms	Meanings
Popular	Adj	مشهور
Boost	Verb	وده کول
Reduce	Verb	کمول
Stamina	Noun	استقامت
Composition	Noun	ترکیب
Contribute	Verb	مرسته کول
Relaxation	Noun	آرام
Overall	Adj	په ټول ډول
Worthwhile	Adj	د ارزښت وړ
Investment	Noun	پانګه اچونه
Incorporate	Verb	شاملول

Gym-going has become increasingly popular as people seek to improve their health, wellness, and fitness. Going to the gym carries multiple benefits, both physical and mental. It helps to boost energy levels, improve sleep quality, reduce stress, and boost self-esteem. In this essay, we will explore in more detail the advantages of going to the gym and the positive effects it has on both health and life.

The primary reason individuals go to the gym is to enhance their physical health. It is an effective way of improving strength, endurance, and flexibility, and overall physical fitness. An individual who goes to the

gym regularly will find their muscle strength and flexibility improved, enhancing their overall health and well-being. This can lead to increased energy levels and stamina, allowing individuals to perform better in everyday tasks.

Going to the gym also offers a variety of physical activities that help to boost cardiovascular health. Cardio exercises like running, cycling, and rowing, are essential for maintaining and improving heart health, reducing the risk of heart disease. A study found that men who attended the gym regularly had decreased levels of blood pressure, cholesterol, and blood sugar, all of which contribute to heart disease.

Moreover, gym-going helps improve body composition, making it an excellent option for anyone looking to lose weight or build muscle. Exercise stimulates the body to burn calories, reduce fat and increase muscle mass. Regular gym-goers find themselves in better shape, leading to better self-esteem and positive body image.

The mental advantages of gym-going should not be overlooked. Exercise increases endorphins, which are chemicals in the brain that promote feelings of happiness and euphoria. It reduces stress and anxiety, contributing to an overall sense of well-being and relaxation. Regular gym-goers report better sleep, more focus and clarity, and an overall improvement in mental health.

Gym-going is also an excellent way to meet new people and make friends. Joining a gym provides an opportunity

to find others with similar interests and goals, providing a supportive community. This can lead to new friendships, social activities, and a sense of belonging that is essential for good mental health. Gyms also provide an opportunity to compete in challenges and friendly competitions, providing motivation and building a sense of camaraderie.

In conclusion, going to the gym is one of the best things an individual can do for their health and well-being. It offers multiple physical and mental benefits, including improved strength, endurance, flexibility, cardiovascular health, and better mental health. It also provides an opportunity to meet new people, build friendships and be part of a supportive community. The benefits of gym-going are not limited to physical health but also improve overall quality of life. It is a worthwhile investment in one's health and well-being, and individuals who incorporate regular gym-going into their lives are sure to reap the rewards.

Topic 19: Spring Season

Vocabulary Bank

Words	Forms	Meanings
Delightful	Adj	په زړه پوري
Temperate	Adj	معتدل
Bloom	Verb	گل کول
Greenery	Noun	زرغون
Melt	Verb	ویلی کیدل
Proliferation	Noun	یو دم زیاتوالی
Hallmark	Noun	نښه
Dazzling	Adj	ځلانده
Vibrant	Adj	روښانه
Picturesque	Adj	ښکلې

The spring season is a delightful time of year, characterized by its temperate weather, blooming flowers, and pleasant greenery. As temperatures begin to rise, the snow and frost melt away, giving rise to fresh growth and a renewed sense of energy.

One of the most significant hallmarks of spring is the proliferation of blossoming plants. Trees sprout forth vibrant leaves and flowers, creating picturesque scenery that attracts visitors from around the world. The once dormant grasses and shrubs give way to dazzling greenery, providing ideal conditions for outdoor

activities like picnics, hiking, and other recreational events.

Spring allows people to enjoy a more carefree and relaxed pace of life, leaving behind the dormant coldness of winter and embracing all that new life brings. The longer days characteristic of the season make it an enjoyable time for people to spend more time outside, engaging in outdoor activities and soaking up the warmth of the sun.

In conclusion, the spring season is a time of new beginnings, the rebirth of life after harsh winter weather. It brings with it an atmosphere of tranquility and growth, reminding us of the beauty of nature and all that it has to offer. Spring is a time to celebrate renewal and hope, leading us towards a brighter tomorrow.

Topic 20: Summer Season

Vocabulary Bank

Words	Forms	Meanings
Undoubtedly	Adv	بی له شکہ
Pursuit	Noun	تعقیب
Comprehensive	Adj	جامع
Rainfall	Noun	باران
Stressful	Adj	فشار لرونکی
Abundance	Noun	کثرت
Array	Noun	صف
Culinary	Noun	پختی
Appreciate	Verb	ستاینہ کول
Bask in	Verb	لمر تہ غزیدل

Summer season is undoubtedly one of the most cherished and awaited times of the year. The sun shines bright and the air is warm, making it a perfect time for outdoor activities and leisure pursuits. Writing an essay about the summer season can provide a comprehensive understanding of the joys and beauty of this time of year.

The summer season typically runs from June through to August in the Northern Hemisphere and December to February in the Southern Hemisphere. During this period, the days are longer, and the nights are shorter. The sky remains clear, with little to no rainfall. The warm temperature provides an ideal atmosphere for

outdoor activities, such as picnics, hiking, swimming, and camping.

One of the most significant advantages of summer is the opportunity it provides to relax. For students, summer vacation provides an escape from the stressful routine of academic life. Adults, on the other hand, can take a break from their hectic work schedules and enjoy some downtime with family and friends. The season also offers people the chance to explore new places, meet new people, and experience different cultures.

Another significant aspect of summer is the food. Fresh fruits and vegetables are in abundance during this season, providing an array of culinary options. From juicy watermelon to plump strawberries and sweet corn, seasonal produce is a delight for food lovers.

In conclusion, the summer season is a time to enjoy life's simple pleasures and make the most of the warm weather. Writing an essay about the summer season can provide an opportunity to appreciate its beauty and delve into the various activities and experiences it offers. So, go out, bask in the sun, and enjoy this much-loved season to the fullest.

Topic 21: Fall/Autumn Season

Vocabulary Bank

Words	Forms	Meanings
Revere	Verb	درناوی کول
Capture	Verb	نیول
Essence	Noun	جوهر
Rustling	Verb	زنگ وهل
Pavement	Noun	فرش پیاده رو
Ambience	Noun	فضا
Cinnamon	Noun	دارچینی
Pumpkin	Noun	کدو
Festivity	Noun	جشن
Breeze	Noun	باد

Fall is a season that is revered and celebrated in many parts of the world. The season, also known as autumn, is the period between summer and winter when the temperature drops, leaves change color, and daylight hours get shorter. Writing an essay about the fall season requires a keen attention to detail and an ability to capture the essence of this beautiful season.

One of the most important aspects of writing about the fall season is to describe the sensory experience. You should pay attention to the sights, sounds, and smells of autumn. The vibrant colors of the leaves changing from green to red, orange, and yellow provide a picturesque view. The rustling of the leaves as the wind blows, the

sound of raindrops hitting the pavement, and the smell of cinnamon and pumpkin spice, all add to the ambiance of the fall season.

Another key aspect to highlight in an essay about fall season is the weather changes during this season. The temperature drops drastically, and it becomes cooler outside. The crisp air provides relief from the sweltering summer heat, making it the perfect time to go for a walk in the park, or engage in outdoor activities. It's a great time for bonfires, hot chocolate, and cozying up to a book.

Furthermore, you can include examples of fall activities in your essay. Fall is a season of festivities, ranging from Halloween to Thanksgiving. During Halloween, people dress up in costumes and go trick-or-treating while Thanksgiving is a time for giving thanks and spending quality time with loved ones. Additionally, fall is the season for pumpkin carving, apple picking, hayrides, and spiced cider.

In conclusion, an essay about fall season provides a great opportunity to showcase your writing skills by describing the beauty and unique experience of this season. It's important to capture the essence of the season by highlighting sensory experiences, mentioning weather changes, and including examples of fall-themed activities. Writing an essay about fall season can leave readers yearning for the crisp autumnal breeze and the warmth of pumpkin spice latte.

Topic 22: **Winter Season**

Vocabulary Bank

Words	Forms	Meanings
Harsh	Adj	سخت
Freezing	Adj	یخ
Prominent	Adj	ممتاز
Transform	Verb	بدلول
Landscape	Noun	منظره
Wonderland	Noun	حیرانوںکی خای
Severe	Adj	سخت
Stove	Noun	چولہ
Hibernate	Verb	نیمہ ویدہ کیدل
Migrate	Verb	مہاجرت کولاً

Winter is a season of coldness, snow, and various winter activities. It is considered the coldest season of the year that comes between autumn and spring. During this season, the weather becomes quite harsh, and the temperature drops below freezing point. Depending on the region, winter can last from December to March and even longer in some areas.

The most prominent feature of winter is the snow that covers everything in a white blanket. Snowflakes differ in shapes and sizes, and when they start falling, they transform the landscape into a winter wonderland.

People enjoy various winter activities such as skiing, ice skating, snowboarding, and many more. It is a season of

many festivals and holidays, like Christmas and New Year's Eve, where people come together with their families and friends to celebrate happiness, love, and joy.

In the North, where winter is more severe, people have to manage their homes to adapt to the freezing temperatures. They use heating systems or stoves to keep their houses warm, and they wear warm clothes to protect themselves from the cold outside. Schools and universities often have winter breaks because of harsh weather conditions. People often experience power outages due to heavy snowfalls, and it becomes difficult to travel.

Winter season also affects agriculture. The plants that can't handle the cold weather start dying, and farmers must take extra precautions to protect their crops. Many animals hibernate during winter, and others migrate to warmer places to avoid the brutal cold.

In conclusion, winter is a season of many contrasts. It can be very beautiful with its snow-covered landscapes and its different winter activities. While on the other hand, it can also be very dangerous with its harsh weather conditions. It is a season that requires preparation, especially in areas with severe weather conditions. Nonetheless, it is a time of the year that has a unique charm, and many people look forward to its arrival every year.

Topic 23: **Crime**

Vocabulary Bank

Words	Forms	Meanings
Define	Verb	تعريف كول
Unlawful	Adj	غير قانوني
Violate	Verb	سر غرو نه كول
Unfortunate	Adj	بدبخته
Theft	Noun	غلا
Murder	Noun	وژنه
Assault	Noun	بريد
Inconvenience	Noun	تکليف
Victim	Noun	قرباني
Shoplift	Verb	دوکان څخه غلا كول

Crime is defined as an unlawful act that violates the law. It involves various conduct or behavior that can harm other people or society as a whole. Crime is an unfortunate aspect of our society that can have a significant impact on the victims, their families, and the community. It can range from petty theft to violent crimes like murder and assaults. Thus, understanding the nature and causes of crime is essential to prevent it.

One of the most common types of crime is theft. It can occur in different forms, such as burglary, robbery, and shoplifting. Burglary is the act of entering a locked or closed property without permission and stealing things. It can cause damage, loss and inconvenience to the

victim. Robbery, on the other hand, is a violent form of theft in which the offender uses force or weapons to steal. Shoplifting is stealing from a store or market without paying for the goods, and it affects the businesses' profit margin.

Another type of crime is drug abuse and trafficking. Drug abuse is when people consume illegal drugs to alter their mental or physical state. It can lead to addiction, mental health issues, and harm the body. Drug trafficking refers to the selling of illegal drugs. It is a serious crime as it contributes to the spread of chemical dependency, which can lead to other criminal activities.

Violent crime is another form of crime that involves physical harm to others. This includes murder, assault, rape, and domestic violence. These crimes can cause significant mental and physical trauma to the victim and can take years to recover from.

In recent years, cybercrime has become more prevalent. Cybercrime includes various crimes that involve computers, networks, and the internet. These crimes can be committed by individuals or organised groups and can take various forms such as hacking, phishing, identity theft, and online fraud.

There are various causes of crime, including poverty, lack of education, substance abuse, mental health issues, and unemployment. Society needs to address these underlying issues to reduce the occurrence of crime. This can be done through programmes aimed at reducing

poverty, improving access to education, and providing job opportunities.

In conclusion, crime is a major issue that affects societies on different levels. It can have severe consequences for the victims, their families, and the community. Governments, law enforcement agencies, and society as a whole must work hard to prevent crime and address its underlying causes. By reducing poverty, improving access to education, and addressing drug abuse and mental illness, we can create a safer and more peaceful society for all.

Topic 25: **How to be the best writer**

Vocabulary Bank

Words	Forms	Meanings
Dedication	Noun	وفاء، د وخت وقف
Persistence	Noun	استقامت
Fascinating	Adj	په زړه پوري
Concisely	Adv	په لنډ ډول
Wit	Noun	عقل
Humor	Noun	طنز
Wordsmith	Adj	کلمه جوړونکی
Polish	Verb	بهره کول
Constructive	Adj	جوړونکی
Criticism	Noun	انتقاد

Writing is an art form that requires dedication, practice, and persistence. Whether you're writing a novel, a short story, an academic paper, or even an email, the goal is always the same: to effectively communicate your ideas to your audience. Here are some tips on how to become the best writer you can be.

Firstly, read as much as you can. Reading anything from classic literature to modern novels and newspapers can help you improve your writing skills. Reading different styles of writing can expose you to fascinating vocabularies, structures, and techniques. For instance, reading Hemingway can teach you how to write concisely and powerfully, while reading Austen can

teach you how to incorporate wit and humour into your writing.

Secondly, write often. Writing regularly will help you improve your writing skills. The more you write, the better you become at wordsmithing and polishing your writing. Also, try writing in different forms, such as blog posts, letters, short stories, and screenplays. This will help you gain exposure to various writing styles and types, and hone your craft.

Thirdly, get feedback from others. Feedback is essential for improving your writing. Join a writing group, take a writing class, or share your writing with friends or family members for feedback. Through constructive criticism, you can learn what areas of your writing need improvement and refine your writing skills based on others' feedback.

Fourthly, develop your own voice. Develop a voice that sets you apart from other writers and allows you to express yourself effectively. Write in a way that feels natural to you, and be honest and authentic in your writing. Finding your own voice can take time and practice, but it is crucial to stand out and succeed as a writer.

Finally, edit and revise your work. Editing and revising can take your writing from good to great. Read over your work multiple times, looking for mistakes,

inconsistencies, or areas that need improvement. Consider the structure, clarity, and flow of your writing, and make the necessary changes to make it more effective.

Examples of writers who incorporated these tips into their work include Ernest Hemingway, Jane Austen, J.K. Rowling, and Stephen King. Regardless of the genre or style, these writers all wrote regularly, developed their unique voice, and revised their work. By following their example and incorporating these tips, you can become the best writer you can be. Writing isn't easy, but it is a rewarding craft that can bring new perspectives, insights, and knowledge to the world.

Topic 26: **Life**

Vocabulary Bank

Words	Forms	Meanings
Complex	Adj	پیچلی
Exhilarating	Adj	پہ زہ پوری
Exhausting	Adj	ستری کوونکی
Joyous	Adj	خوشحالہ
Devastating	Adj	ویجارونکی
Ups and downs	Noun	لور او کبنتہ بنہ او بد
Interact	Verb	خبری اتری کول
Inspiration	Noun	الهام
Immerse	Verb	دوبول
Adaptable	Adj	تغیر منونکی

Life is a complex mix of experiences, emotions, challenges, and opportunities. It can be both exhilarating and exhausting, joyous and devastating, all at once. However, regardless of the ups and downs that life throws our way, it is a journey worth taking. With the right mindset and tools, life can be a fulfilling and meaningful experience filled with growth, discovery, and purpose.

One of the most important aspects of life is relationships. The people we interact with, whether they be family, friends, acquaintances, or strangers, have a profound impact on our lives. They shape our values, beliefs, and attitudes, and they provide us with the support, love, and

inspiration we need to overcome challenges and achieve our goals. For example, my best friend has been my confidant for over a decade, and her unwavering support has helped me through some of the toughest times in my life. Similarly, my parents' unconditional love and guidance have given me the confidence and motivation to pursue my dreams.

Another crucial aspect of life is the pursuit of knowledge and growth. Learning new things, exploring different perspectives, and challenging ourselves are all critical to our personal and professional development. For example, attending university has opened up new opportunities for me and helped me develop critical thinking skills. Similarly, traveling to new places and immersing myself in different cultures has expanded my worldview and provided me with valuable experiences and insights.

However, life is not always easy or straightforward. Challenges and setbacks are a natural part of the journey, and how we respond to them can significantly impact our success and happiness. For instance, during a particularly challenging year, I lost my job, ended a relationship, and struggled with health issues. However, through determination and resilience, I was able to bounce back, find a new job, and prioritize my physical and mental health.

In conclusion, life is a complex, multifaceted experience that requires us to be adaptable, open-minded, and

resilient. Relationships, growth, and challenges are all critical parts of the journey, and how we approach and respond to them can make all the difference. Through determination, perseverance, and a willingness to learn and grow, we can make the most of this beautiful, unpredictable, and endlessly fascinating experience we call life.

Topic 26: **Poverty**

Vocabulary Bank

Words	Forms	Meanings
Lacking	Adj	نیمگرمی
Vicious	Adj	شیطانی
Deprivation	Noun	محرومیت
Chronic	Adj	مزمن
Malnutrition	Noun	خوارخوایی
Stunted	Adj	له پر مخنگ منع شوی
Primarily	Adv	پہ لومری سر کی
Underprivileged	Adj	محروم
Approximately	Adv	تقریباً
Consequence	Noun	پایلہ

Poverty is not just a state of lacking financial resources but a vicious cycle of deprivation that deprives people of basic necessities like food, clothing, shelter, education, and healthcare. It robs individuals and communities of their potential and hinders their ability to escape the cycle of poverty.

One of the most severe consequences of poverty is hunger. In many developing countries, millions of people suffer from chronic food insecurity, which results in malnutrition and stunted growth, particularly among children. For example, in sub-Saharan Africa, one in four people suffers from chronic hunger, while in India, one in three children is undernourished.

Lack of access to basic healthcare is another significant consequence of poverty. Poor people suffer from preventable, treatable, and curable diseases at higher rates than those who are financially better off. For example, in certain areas of sub-Saharan Africa, the under-five mortality rate is more than 1000 per 100,000 live births, compared to 41 per 100,000 in the United States. This is primarily due to the lack of healthcare facilities, trained medical personnel, and essential medicines and vaccines.

Poverty also affects education. Children from poor families are more likely to drop out of school, primarily due to a lack of financial resources to pay for tuition, books, and other educational supplies. In addition, they often have to work to support their families, which takes up valuable time and leaves little energy for academic pursuits. For instance, in certain parts of the world, girls are disproportionately affected; approximately 130 million girls between the ages of six and seventeen are out of school globally.

Lack of access to clean water and sanitation is another consequence of poverty. Poor and underprivileged communities often suffer from the lack of clean water and sanitation facilities, leading to the spread of waterborne diseases such as cholera and typhoid fever. For example, in many parts of Africa, more than half of the population does not have access to safe drinking water, leading to the deaths of thousands of people every year.

In conclusion, poverty is a severe problem that affects millions of people worldwide and results in poor health outcomes, lack of education, and the inability to access basic necessities like clean water and food. Unless the root causes of poverty are addressed, it will continue to cast a shadow on individuals and communities' futures. Investing in education, healthcare, infrastructure, and economic development can help break the cycle of poverty and uplift communities from impoverishment.

Topic 27: **How to completely eliminate poverty in a society**

Vocabulary Bank

Words	Forms	Meanings
Eliminate	Verb	له منځه وړل
Factor	Noun	عامل
Eradicate	Verb	له منځه وړل
Commitment	Noun	ژمنتيا
Stakeholder	Noun	برخه اخيستونکي
Generate	Verb	جوړول
Infrastructure	Noun	زيربنا
Address	Verb	خبري کول
empowerment	Noun	پياوړتيا
Cycle	Noun	سايکل، دوره

Eliminating poverty in a society is a complex challenge that requires a comprehensive and sustained approach. It is a multi-dimensional problem that demands attention to social, economic, and political factors. However, it is possible to eradicate poverty if there is a commitment from all stakeholders in society, including policymakers, community leaders, and citizens.

To eliminate poverty in a society completely, several measures need to be taken. First and foremost, there should be a focus on creating jobs and providing income-generating opportunities. This can be achieved through the promotion of entrepreneurship, investment

in infrastructure, and support for small and medium-sized businesses. Additionally, there should be programs that address the skills gap in underserved communities and provide training in areas such as technology, agriculture, and manufacturing.

Secondly, access to education and healthcare services should be improved. Education is a powerful tool that can break the cycle of poverty and open up opportunities for economic empowerment. Investing in healthcare, on the other hand, improves productivity, reduces absenteeism, and ensures that individuals do not suffer from chronic illnesses, which can be a significant financial burden.

Thirdly, the government needs to implement social protection programs that provide a safety net for the most vulnerable in society. This can include cash transfers, food subsidies, and healthcare support. These programs aim to reduce the impact of economic shocks and provide a cushion for those who might otherwise fall into poverty.

Finally, poverty cannot be eliminated without addressing the root causes of inequality. This requires a commitment to social justice and efforts to combat discrimination, corruption, and other factors that prevent individuals from realizing their full potential.

In conclusion, eliminating poverty in a society requires a comprehensive and sustained effort that addresses social, economic, and political factors. It is not a quick fix, but a long-term commitment that requires cooperation and collaboration from all members of society. By investing in job creation, education, healthcare, social protection, and efforts to combat inequality, we can create a world free from poverty.

Topic 28: **Public Speaking**

Vocabulary Bank

Words	Forms	Meanings
Deliver	Verb	سپارل
Daunting	Adj	ڊارونڪي
Nerve-wracking	Adj	ورخطا ڪوونڪي
Takeaway	Noun	مهمه نقطه
Engaging	Adj	بنيڪيل
Compelling	Adj	مجبور ڪوونڪي
Tone	Noun	انداز
Volume	Noun	حجم
Convey	Verb	رسول
Expert	Noun	ماهر

When it comes to public speaking, the thought of standing up in front of an audience and delivering a speech can be a daunting and nerve-wracking experience for many. However, with proper planning, preparation, and practice, anyone can become a confident and effective public speaker.

The first step in writing a successful essay about public speaking is to understand the importance of structuring your speech. A well-organized speech should have a clear introduction, body, and conclusion. The introduction should grab the audience's attention, set the tone for the speech, and provide an overview of what

will be covered. The body should include three to four main points, each with supporting evidence and examples to back them up. In the conclusion, you should summarize the key points and leave the audience with a memorable takeaway message.

One essential aspect of public speaking is to consider your audience. Understanding who your audience is and tailoring your speech to their interests, knowledge, and expectations will make your speech more engaging and effective. For example, if you're speaking to a group of professionals, you might want to use technical language. But if you're speaking to a general audience, you may want to use simpler language and examples that are easy to understand.

Another crucial factor in public speaking is the use of body language and tone of voice. Your body language communicates powerfully to the audience. Standing up straight, making eye contact, using gestures and facial expressions, and moving purposefully around the stage will help convey confidence and credibility. Your tone of voice can also make a big difference - speaking slowly and clearly, varying your tone and volume, and emphasizing key points can keep your audience engaged.

In conclusion, writing an essay about public speaking requires careful planning, attention to detail, and diligent practice. By following the above guidelines, anyone can become a confident and effective public speaker. With persistence and commitment, you can develop your

public speaking skills and become an expert at delivering engaging, compelling speeches.

Topic 29: How to be an Effective Public Speaker

Vocabulary Bank

Words	Forms	Meanings
Persuasion	Noun	تشويق
Clarity	Noun	وضاحت
Illustrate	Verb	روينانه كول
Rapport	Noun	اړيکه
Credibility	Noun	اعتبار
Anecdote	Noun	کيسه
Jargon	Noun	لغت
Pace	Noun	سرعت
Evidence-based	Adj	د شواهدو پر بنسټ
Impactful	Adj	اغېزمن

Public speaking is a skill that can be learned and developed through practice and preparation. Being an effective public speaker requires a combination of confidence, clarity, and persuasion. In this essay, we will explore the key elements of effective public speaking and provide examples to illustrate each point.

The first element of effective public speaking is the ability to connect with the audience. This involves establishing rapport and building a connection with the audience to create a sense of trust and credibility. One way to do this is to start with a personal story or an anecdote that relates to the topic of the speech. This can

help to grab the attention of the audience and engage them in the presentation.

Another important element of effective public speaking is the use of clear and concise language. The speaker should avoid using complex vocabulary or technical jargon that may confuse the audience. Instead, the language used should be simple, direct, and easy to understand. The speaker should also use appropriate tone and pace to convey the message effectively.

Effective public speakers also make use of persuasive techniques to influence their audience. These techniques may include the use of emotional appeals, logical arguments, and evidence-based reasoning. Persuasive techniques help to persuade the audience to take action, change their opinions, or support a particular cause.

Lastly, effective public speakers prepare thoroughly and practice their speeches beforehand. This enables the speaker to deliver their message with confidence and clarity. Preparation includes research on the topic, creating an outline, and practicing the delivery of the speech multiple times. This will ensure that the speaker is well-prepared and can handle any unexpected circumstances.

In conclusion, public speaking can be a daunting task, but with practice and preparation, anyone can become an effective public speaker. By connecting with the audience, using clear and concise language, applying

persuasive techniques, and preparing thoroughly, the speaker can deliver an impactful and memorable speech.

Topic 30: **Television**

Vocabulary Bank

Words	Forms	Meanings
Ubiquitous	Adj	هر اړخيز
Scroll	Verb	حرکت ورکول
Content	Noun	منځپانگه
Foster	Verb	پالنه کول
Addictive	Adj	روړدي کوونکی
Facilitate	Verb	اسانتياوي وړاندی کول
Scale	Noun	پیمانہ
Tutorial	Noun	ښوونه
Democratize	Verb	ډیموکراسي کول
Empower	Verb	ځواکمن کول

Television, or TV for short, has become a ubiquitous part of modern society. For many, it is a staple source of entertainment and a reliable source of news and information. However, television has also been criticized for its negative effects on society, such as promoting superficial values and contributing to sedentary lifestyles. In this essay, I will explore both the positive and negative aspects of television, using examples to illustrate my points.

One of the positive aspects of television is its ability to provide entertainment. Millions of people tune in to watch television shows, ranging from dramas to comedies to reality shows. For example, Game of

Thrones, a fantasy drama that aired from 2011 to 2019, was watched by millions of people around the world. The show's intricate plot, fascinating characters, and stunning visual effects kept viewers hooked for eight seasons. Similarly, *The Office*, a popular workplace comedy that aired from 2005 to 2013, has remained a fan favorite long after its finale. These shows, and many others like them, provide hours of entertainment for people of all ages.

Television is also an important source of news and information. News broadcasts keep viewers informed about local and global events, allowing them to stay up-to-date with current events. For example, CNN, Fox News, and MSNBC are three popular news channels that report on national and international news. Additionally, channels like Animal Planet and the Discovery Channel offer educational programming that teaches viewers about the natural world and scientific discoveries. Such channels provide valuable knowledge to viewers, broadening their understanding of the world around them.

However, television has also been criticized for its negative effects on society. One of the most significant criticisms is that television promotes superficial values and encourages a sedentary lifestyle. Many television shows, such as reality shows and sitcoms, place a strong emphasis on appearance and shallow values, perpetuating a culture of materialism and consumerism. At the same time, the sitting and watching involved in

television viewing can contribute to unhealthy habits and obesity.

Another criticism of television is that it can be a source of negative influence on children. Studies have shown that excessive television watching can lead to behavioral problems, such as aggression, and can negatively affect academic performance. Additionally, violent or sexual content can desensitize children, leading to a normalization of inappropriate behaviors. While many TV shows aimed at children are educational and entertaining, it is important for parents to monitor their children's viewing habits and limit viewing time.

In conclusion, television is a powerful medium that has both positive and negative effects on society. It provides entertainment and information, but its effects on cultural values and behavior can be detrimental. As with any form of media, it is important to consume television in moderation and be mindful of its impact on our lives.

Topic 31: **Social Media**

Vocabulary Bank

Words	Forms	Meanings
Misinformation	Noun	غلط معلومات
Explore	Verb	سپرنه کول
Platform	Noun	پلیټ فارم
Updates	Verb	تازه کول
Feature	Noun	ځانګړتیا
Movement	Noun	حرکت
Spread	Verb	خپړول
Political	Adj	سیاسي
Distribute	Verb	ویشل
Term	Noun	اصطلاح

Social media has become a ubiquitous part of modern life. Millions of people worldwide spend hours each day scrolling through feeds, liking posts, sharing content, and interacting with others. While social media has been praised for its ability to connect people from around the world and enhance communication, it has also been criticized for fostering addictive behaviors and contributing to the spread of misinformation. In this essay, I will explore the positive and negative aspects of social media, using examples to illustrate my points.

One of the positive aspects of social media is its ability to connect people and facilitate communication. Platforms like Facebook, Instagram, and Twitter allow users to share updates and connect with friends and family across the globe. For example, when an earthquake hit Nepal in 2015, Facebook's "safety check" feature allowed people in the affected area to quickly inform their loved ones that they were safe. Additionally, social media has become an important tool for organizing social and political movements. The Arab Spring, a pro-democracy movement that spread across the Middle East in 2011, was largely organized and fueled by social media.

Social media also allows for the sharing of ideas and information on a global scale. YouTube, for example, has become a valuable resource for educational content and tutorials. Similarly, Twitter has become an important source of news and information, allowing people to stay updated on current events in real-time. Moreover, social media has allowed for the democratization of media, empowering individuals to create and distribute content on their own terms.

However, social media has also been criticized for its negative effects on society. One of the most significant criticisms is its ability to foster addictive behaviors. Many social media platforms are designed to keep users engaged and scrolling for as long as possible, leading to a phenomenon called "doomscrolling" in which users lose track of time and may experience negative mental

health effects. Additionally, social media has been accused of contributing to a culture of comparison and envy, with users constantly comparing their own lives to those of others.

Another criticism of social media is its ability to contribute to the spread of misinformation. Platforms like Facebook and Twitter have been used by bad actors to spread fake news and disinformation, often with the goal of influencing public opinion or elections. Additionally, social media algorithms may prioritize sensational or polarizing content, leading to the creation of echo chambers and the amplification of extremist views.

In conclusion, social media is a powerful tool that has both positive and negative effects on society. It can connect people across the globe, share knowledge and ideas, and promote social and political movements. But it can also contribute to addictive, negative behaviors and the spread of misinformation. As with any technology, it is important to use social media thoughtfully and responsibly, being mindful of its potential impact on our lives.

Topic 32: **Facebook**

Vocabulary Bank

Words	Forms	Meanings
Active	Adj	فعال
Globe	Noun	نری
Revolutionize	Verb	انقلابی کول
Pandemic	Noun	پراخه وبا
Instrumental	Adj	وسيله جوړيدونکی
Adhere	Verb	پیروي کول
Express	Verb	څرگندول
Mishandle	Verb	نامناسب کنترول کول
Conspiracy	Noun	دسیسه
Presidential	Adj	ولسمشری

Facebook is one of the most popular social media platforms today, with over 2.9 billion monthly active users across the globe. The platform has revolutionized the way people connect with one another, share information and stay updated with current events. While Facebook has provided numerous benefits to users, it has also been criticized for its drawbacks. This essay will explore the advantages and disadvantages of Facebook with examples.

One of the biggest advantages of Facebook is that it enables users to stay connected with their friends and family members all around the world. Facebook allows users to easily find and connect with friends that they

may have lost touch with over time. The platform also provides users with the ability to exchange messages, share photos and videos, and even video call each other. For example, during the COVID-19 pandemic, Facebook was instrumental in helping people stay connected with loved ones while adhering to social distancing guidelines.

Facebook is also an important tool for businesses to reach their target audience. The platform's advanced advertising features have made it easier for businesses to promote their products and services to a specific demographic. Facebook allows businesses to create targeted ads that are relevant to user interests and behaviors, enabling them to reach their desired audience effectively. For instance, small e-commerce businesses can use Facebook to promote their products to a specific set of users who may have expressed interest in similar products.

However, Facebook has also been criticized for its disadvantages. One of the major concerns is around data privacy. Facebook has faced numerous controversies over the years for mishandling user data, and this led to increased scrutiny from regulators. In 2018, the Cambridge Analytica scandal revealed that the political consulting firm had obtained personal data on millions of Facebook users without their permission. This incident raised significant questions around Facebook's data collection practices, and how they protect users' privacy.

Another disadvantage of Facebook is the spread of fake news and misinformation. Facebook's algorithms prioritize content that generates the most engagement, leading to the proliferation of sensationalized or misleading news. This can result in the spread of false information and conspiracy theories, which can be damaging to individuals and society. For instance, during the 2016 US Presidential election, Facebook was criticized for its role in spreading fake news that influenced public opinion.

In conclusion, Facebook has revolutionized the way we connect with one another and has provided numerous benefits to users and businesses. However, it also presents some significant disadvantages, such as concerns around data privacy and the spread of misinformation. Users must take precautions to protect their data and be critical when consuming information on the platform. As with any technology, the benefits and drawbacks of Facebook are complex, and it is up to individuals to use the platform responsibly.

Topic 33: **How to use social Media for self-education**

Vocabulary Bank

Words	Forms	Meanings
Valuable	Adj	ارزبشتناک
Endless	Adj	نه ختمیدونکی
Exploration	Noun	سپړنه
Objective	Noun	هدف
Leverage	Noun	گټه اخيستنه
Expert	Noun	ماهر
Fast-paced	Adj	ګړندی
Development	Noun	پراختیا
Influencer	Noun	نفوذ کونکی
Conclusion	Noun	پایله

In the age of information, social media has become a valuable tool for self-education. With millions of users worldwide, social media platforms provide access to an endless stream of knowledge on a variety of topics. However, not all social media platforms are created equal when it comes to learning. In this essay, we will explore the best practices for using social media for self-education, with specific examples of how to leverage platforms such as Twitter, YouTube, and LinkedIn.

The first step towards using social media for self-education is to establish clear learning objectives. This will help you identify the resources and people you should follow, as well as allowing you to filter out

information that is not relevant to your learning goals. For example, if you are interested in learning about digital marketing, you should consider following experts in the field such as Neil Patel, Rand Fishkin, and Gary Vaynerchuk.

Twitter is one of the best social media platforms for self-education due to its fast-paced nature and diverse user base. It is an excellent tool for following experts in your field and staying up to date with the latest developments. Hashtags such as #EdTech, #STEM, and #FutureOfWork provide a wealth of information and resources for those interested in education and technology. Twitter chats are another great way to learn, allowing you to engage with like-minded individuals and experts on a particular topic. For example, #LrnChat is a popular Twitter chat for learning, training, and performance professionals.

YouTube is another valuable social media platform for self-education, particularly for visual and auditory learners. With over 2 billion monthly active users, YouTube is home to a vast array of educational content, ranging from classroom lectures to TED Talks and online courses. You can subscribe to channels such as Crash Course, TED, and Khan Academy, which produce high-quality educational content on a wide range of topics. Additionally, YouTube's algorithm recommends videos based on your viewing history, which can help you discover new content and expand your knowledge.

LinkedIn is a professional networking platform that is ideal for self-education, as it connects you with professionals in your industry and provides access to valuable resources such as whitepapers, articles, and case studies. By following influencers and joining relevant groups, you can learn from your peers and expand your knowledge in your field. Additionally, LinkedIn Learning offers a vast range of online courses, covering everything from leadership and management to programming and design.

In conclusion, social media platforms provide a wealth of opportunities for self-education. By establishing clear learning objectives, identifying relevant resources, and following experts in your field, you can leverage platforms such as Twitter, YouTube, and LinkedIn to expand your knowledge and skill set. The most important thing is to be critical and evaluate the sources of information carefully. With the right approach, social media can be an incredibly powerful tool for self-education.

Topic 34: **School**

Vocabulary Bank

Words	Forms	Meanings
Academic	Adj	علمی
Growth	Noun	وده
Component	Noun	جز
Critical thinking	Noun	ژور فکر څخه استفاده
Creativity	Noun	خلاقیت
Debate	Noun	مناظره
Participate	Verb	ګډون کول
Passionate	Adj	په زړه پوری
Capability	Noun	ورتیا
Impact	Noun	اغیزه

School plays a significant role in shaping an individual's future and providing them with the necessary knowledge to succeed in life. A good school must offer students a supportive environment, excellent academic programs, and opportunities for personal growth. In this essay, we shall explore the different aspects of school that make it a crucial part of one's growth and development.

Academic programs are an essential component of school. They are intended to provide students with a solid foundation in a variety of subjects, from mathematics and science to language and the arts. High-quality academic programs promote critical thinking,

creativity, and problem-solving skills, which are necessary for success in the real world. They prepare students for higher education and help them develop a lifelong love for learning.

In addition to academic programs, schools should also offer extracurricular activities. Such activities provide a platform for students to pursue their interests and talents outside of academics. They help build confidence and self-esteem and develop social skills. Examples of extracurricular activities include sports, debate, music, and drama clubs. Students who participate in extracurricular activities are often well-rounded and have a better chance of getting into a good college.

Another significant aspect of any school is the environment it creates. A positive and supportive environment is essential in promoting a student's emotional and social wellbeing. An environment that fosters respect, tolerance, and understanding helps students feel safe and secure, which is crucial for their academic success. Moreover, an environment that promotes diversity and multiculturalism helps students learn about different cultures and gain a holistic perspective about the world.

Schools should also provide modern learning facilities. Technology has become an integral part of modern life, and schools must keep up with the latest trends to prepare students for the workforce. Schools should be equipped with up-to-date technology, such as computers,

interactive whiteboards, and high-speed internet access. When schools use new technology, students gain access to vast amounts of information, and their learning becomes more engaging and interactive.

Finally, the teaching staff is an integral part of any school. They are responsible for shaping the minds of our future leaders. A good teacher should be passionate about the subject they teach and have the capability to engage their students fully. Teachers should be supportive and patient when dealing with their students. They must be able to adapt to the different learning styles of their students and provide personalized attention to each student to help them reach their full potential.

In conclusion, a good school must offer excellent academic programs, extracurricular activities, a positive environment, modern learning facilities, and an excellent teaching staff. It is the responsibility of schools to provide students with the tools necessary to succeed in the future. When students receive a quality education, they are empowered to become successful and make a positive impact on the world.

Topic 35: A Good Friend

Vocabulary Bank

Words	Forms	Meanings
Compose	Verb	کمپوز کول
Concrete	Adj	قوی
Structure	Noun	جوړښت
Impressive	Adj	اغېزمن
Dependable	Adj	د اعتبار وړ
Admirable	Adj	د ستاینې وړ
Interaction	Noun	تعامل
Contextualize	Verb	دمتن مطابق په نظر کی نیول
Reinforce	Verb	تقویه کول
Enrich	Verb	غني کول

When composing an essay about a good friend, it is important to highlight their positive qualities and provide concrete examples of why they are such a valuable person in your life. As a formal piece of writing, this essay should be structured with an introduction, body, and conclusion, each of which reinforces your central thesis statement.

Begin by introducing your friend and highlighting some of their most impressive qualities. It might be helpful to consider what sets them apart from others in your social circle, and how they have impacted your life in a

positive way. A good friend might be described as trustworthy, dependable, kind, resilient, funny, supportive, and so on.

Once you have established your friend's admirable qualities, provide specific examples of how they have displayed these traits in their interactions with you. This could include stories of times when they helped you through a difficult situation, made you laugh or lifted your spirits, provided a listening ear, or shared a memorable experience with you.

To make your essay even more impactful, consider including details about your friend's background, such as their personal values, interests, and goals. By contextualizing their character traits within their unique identity, you can create a more holistic and compelling portrait of your friend.

Finally, wrap up your essay with a conclusion that reinforces the importance of your friendship and how it has enriched your life. You might touch on your plans for maintaining your friendship in the future, or simply express your gratitude for having such an incredible person in your life.

In all, an essay about a good friend should be both informative and emotional, highlighting the unique qualities that make them special and the ways in which they have impacted your life. By providing specific examples and contextualizing your friend's character,

you can create a thoughtful and engaging piece of writing that celebrates your friendship.

Topic 36: **Successful People**

Vocabulary Bank

Words	Forms	Meanings
Perspective	Noun	لید
Consistently	Adv	پہ دوامدارہ توگہ
Goal-oriented	Adj	هدف لرونکی
Vision	Noun	لید
Founder	Noun	بنسٹ اینسودونکی
Tirelessly	Adv	نہ ستري کیدونکی
Bound	Adj	پابند
Encounter	Verb	مخامخ کیدل
Setback	Noun	ماتی
Obstacle	Noun	خند

When it comes to discussing successful people, there are many different angles and perspectives that can be explored. However, there are certain qualities and behaviors that seem to consistently contribute to success across the board. In this essay, we will take a closer look at what makes individuals successful and provide examples to illustrate these points.

Firstly, successful people tend to be incredibly driven and goal-oriented. They have a clear vision of what they want to achieve and are committed to putting in the necessary time, effort, and resources to make it happen. This could mean working long hours, pursuing additional education or training, or even taking risks and

making sacrifices to achieve their goals. For example, Amazon founder Jeff Bezos famously started the company out of his garage and worked tirelessly to build it into the giant it is today.

Another important quality of successful people is resilience. Anyone who achieves great things is bound to encounter setbacks, failures, and obstacles along the way. However, successful individuals are able to learn from these experiences and use them as an opportunity to grow and improve. They are not discouraged by failure, but instead see it as a necessary part of the journey. Oprah Winfrey, for instance, was fired from her first job as a television anchor, but she went on to build a media empire that made her one of the most successful people in the world. Lastly, successful individuals are often highly organized and disciplined in their approach to their work and their lives. They understand that success does not just happen by chance, and that they need to take deliberate and intentional steps to achieve their goals. This could mean breaking down tasks into smaller, more manageable steps, creating a schedule or routine for themselves, or even seeking out mentorship or guidance from others.

In conclusion, successful people share certain qualities that set them apart from the rest. They are driven, resilient, and organized, and they are committed to constantly learning and improving in order to achieve their goals. By emulating these behaviors, anyone can

increase their chances of success in their own lives and pursuits.

Topic 37: **Money**

Vocabulary Bank

Word	Form	Meaning
Medium	Noun	وسيله
Essential	Adj	ضروري
Elect	Verb	انتخاب كول
Formulate	Verb	جوړول
Trade	Noun	تجارت
Research	Noun	څيړنه
Impact	Noun	اغيزه
Well-crafted	Adj	ښه جوړ شوی
Informed	Adj	څېر

Essay writing about money is a very common assignment in both high school and college. Money can be defined as a medium of exchange and a symbol of value for goods and services, among others. It is a topic that is essential in everyday life, and despite being a sensitive issue, it remains a crucial part of our existence. There are many things to consider when writing about money, such as its value, the role it plays in an economy, and how it shapes our decisions.

In writing an essay on money, it is important to start with an introduction that captures the reader's attention. This can be achieved by briefly discussing the role of money in our day-to-day life. From there, move on to the thesis statement, which should focus on the topic and its

relevance to society. The thesis statement is the most crucial part of the essay, as it determines the main argument that you will be making in the entire paper.

When discussing money, it is important to look at its value and how it shapes our lives. For instance, money can be viewed as a measure of success, and those who have more of it are considered to be more successful. Moreover, money can shape how we view ourselves and others, and it can play a significant role in our decision-making process. For example, the use of money in politics can determine who gets elected and the policies that are formulated.

Additionally, writing about money also involves looking at its impact on the economy. Money usually serves as a lubricant for the economy, and it helps in the exchange of goods and services. Here, one can explore how money affects inflation, interest rates, and asset prices, among other things. Money also plays a crucial role in international trade, where different countries have their currencies.

In conclusion, writing an essay about money requires a lot of research and critical thinking. One needs to understand the value of money, how it shapes our lives, and its impact on the economy. It is also important to use relevant examples to support arguments and present the facts in a clear and concise manner. By doing so, one can produce a well-crafted essay that will keep readers engaged and informed.

Topic 38: **Computer**

Vocabulary Bank

Word	Form	Meaning
Operation	Noun	عملیات
Highlight	Verb	روشنانه کول، روښانه کول
Advancement	Noun	پرمختګ
Integral	Adj	بشپړ
Execute	Verb	اجرا کول
Perform	Verb	ترسره کول
Indispensable	Adj	لازمی
Station	Verb	ځای پرځای کول
Process	Verb	پروسس کول

Computers have become part and parcel of the modern world. They have rewritten the book of communication, revolutionized education, and business operations. They have revolutionized how we live, work, and interact with each other on a global scale. This essay will highlight the importance of computers in today's society, the types of computers, and their applications.

Computers have become a ubiquitous tool in today's world. They are used for almost everything, from managing our finances, shopping online, communicating through social media, and even watching movies. The advancements in the digital world have made the use of computers an integral part of our daily lives. The ability of computers to process vast amounts of data quickly,

execute instructions, and perform complex tasks has made them indispensable devices in the modern world. For instance, a company like Amazon would cease to exist without computers, as their entire business is run online. This highlights how computers have not only made things easier but have also opened new avenues and businesses that were not possible before.

Different computer types serve various purposes. They range from desktop computers, laptops, tablets, smartphones, and servers. Desktop computers, also known as personal computers, are designed for home and office use. They are usually stationed at one location and come with a monitor, keyboard, and mouse. Desktop computers are typically used for tasks that require a high processing power such as gaming, video editing, and graphic design. Laptops, on the other hand, are portable devices that can be used on the go. They are smaller than desktop computers and are designed to work on a battery. Tablets and smartphones are similar in that they are both mobile devices but differ mainly in functionality. Tablets are more oversized and offer a better screen size and display resolution, while smartphones are more compact but have a more powerful processor and can run multiple mobile applications simultaneously.

The applications of computers are endless, with almost every industry adopting them. In the health sector, doctors, and nurses use computers to manage patient records, prescribe medicine, and access medical research

and news. In education, computers offer interactive learning, e-learning, and virtual simulations that enhance the learning experience. In the financial sector, computers have made it possible to transfer money remotely, access bank accounts, and used sophisticated software to monitor investments. In manufacturing, computers control robots that manufacture products with more precision, speed, and efficiency. These examples prove that computers have become central to our existence, on an individual and societal level.

In conclusion, computers have transformed the world we live in and have become a necessity in today's society. Computer advancements have made it possible to work more efficiently, communicate more effectively, and access information with ease. The use of computers has offered numerous benefits, including faster processing speeds, larger and more efficient storage, and improved networking capabilities. As technology continues to evolve, we can expect computers to play an even more vital role in shaping our future.

Topic 39: **Humanity**

Vocabulary Bank

Word	Form	Meaning
Humane	Adj	انساني
Compassion	Noun	شفقت
Remarkable	Adj	د پام وړ
Empathy	Noun	خواخوږي
Recognize	Verb	پېژندل
Reminder	Noun	يادونه
Witness	Noun	شاهد
Smuggle	Verb	قاچاق کول
Bravery	Noun	زړورتيا

Humanity is the quality of being humane or showing compassion, kindness, and understanding towards others. It is one of the essential traits that distinguish us from animals. It is the understanding that we are all connected as human beings, and we should strive to live in harmony with one another. This essay will explore the meaning of humanity and its importance in our lives, and some remarkable examples of when humanity has shone through.

As human beings, we have the capacity to feel empathy, compassion, and kindness towards others. Humanity is not just about being nice or helping others; it is also about recognizing that we are all part of the same human family. It is about understanding that every person has

their struggles, fears, and hopes. Humanity is the reminder that despite our differences, we share a common bond of being human. This leads us to treat others the way we would like to be treated.

The importance of humanity in our lives cannot be overstated. It fosters a sense of community among people leading to social cohesion. When we treat others with kindness and respect, it creates a positive social environment that enhances our well-being and creates a sense of belonging. Humanity enables us to build relationships with others that are based on trust, harmony, and understanding.

The world has witnessed remarkable acts of humanity throughout history. One of the most remarkable examples is the heroic actions of Irena Sendler during World War II. She risked her life to save 2,500 Jewish children from the Warsaw Ghetto. Irena was part of an underground network that smuggled children out of the ghetto, provided them with new identities, and placed them in foster homes or convents to save them from the Nazi death camps. Her bravery and compassion towards the children in desperate need shows us how humanity can shine in the darkest of times.

Another notable example of humanity is Malala Yousafzai, a young Pakistani girl who risked her life to promote education for girls. Despite threats from the Taliban, she continued to attend school and speak up for the rights of women. Malala's strong voice and

unwavering commitment to her principles have shown us the importance of standing up for what we believe in and defending the rights of others.

In conclusion, humanity is the quality that defines us as human beings. It is the foundation of our shared humanity, understanding, hope, and kindness. When we treat others with kindness, compassion, and respect, we create a sense of community and belonging that enriches our lives. The acts of Irena Sendler and Malala Yousafzai show us how humanity inspires us to do incredible things and reminds us that our actions can make a difference in the world. We should all strive to embody the spirit of humanity in our lives and encourage others to do the same.

Topic 40: **Kindness**

Vocabulary Bank

Word	Form	Meaning
Trait	Noun	صفت
Considerate	Adj	پام وړ
Sympathy	Noun	خواخوږي
Attribute	Noun	صفت
Profound	Adj	ژور، عالي
Compliment	Verb	ستاينه كول
Brighten	Verb	روښانه كول
Accountant	Noun	محاسب
Vital	Adj	حياتي

Kindness is one of the most vital traits that a person can possess. It is defined as the act of being friendly, generous, considerate, and showing sympathy towards others. Kindness is an important attribute that can make a significant difference in someone's life. This essay will explore the concept of kindness in detail and provide examples of how this simple act can have a profound impact on the lives of others.

Kindness is the quality of being friendly, generous, and considerate towards others without expecting anything in return. It is a selfless act that can transform someone's life. The habit of kindness requires empathy: the ability to understand someone else's feelings or experiences. The act of kindness also fosters a sense of social

cohesion, enabling people to come together, build strong relationships and support each other. Moreover, the practice of kindness triggers a positive cycle of behavior. When someone experiences kindness, they are more likely to pay it forward, further spreading positivity and kindness in the world.

Acts of kindness can range from simple actions like holding the door open for someone to larger gestures like donating time, money, and resources to help those in need. A compliment, a kind word, or a smile can go a long way in brightening someone's day, making them feel valued, and encouraged. Other acts of kindness include donating to a charity, volunteering at a local food bank, or simply offering a helping hand to someone in need.

One of the most remarkable examples of kindness is the story of Nicholas Winton. Winton was a British accountant who, during World War II, saved 669 Jewish children by organizing trains to take them from Nazi-occupied Czechoslovakia to safety in Great Britain. Winton's act of kindness was a selfless act that saved the lives of many children and enabled them to start a new life in safety.

Many people have noted that when they engage in acts of kindness, they experience a sense of satisfaction and happiness. Kindness, therefore, not only benefits others but also benefits the person who performs the act of kindness. The positive feelings that come from doing

good things for others improve mood and reduce stress, anxiety, and depression.

In conclusion, kindness is a vital attribute in today's world. This simple gesture of being friendly, generous, and considerate can improve the quality of life for individuals and society as a whole. Nicholas Winton's act of kindness emphasizes the power of one person to change the lives of many. Finally, since acts of kindness often trigger a positive cycle, the practice of kindness is an excellent way to create a world where everyone can thrive.

Topic 41: **Technology**

Vocabulary Bank

Word	Form	Meaning
Accessible	Adj	د لاسرسي وړ
Augment	Verb	وده ورکول
Interactive	Adj	دوه اړخيزه فعال
Engaging	Adj	بښکيل
Automate	Verb	اتومات کول
Repetitive	Adj	تکراري
Challenging	Adj	ننگونکی
Development	Noun	پراختيا، وده
Nevertheless	Conj	سره له دې

Technology has become an integral part of our lives, affecting how we communicate, work, and learn. From smartphones and social media to artificial intelligence and machine learning, technology has revolutionized the way we interact with the world around us. In this essay, we will discuss the impact of technology on society with specific examples.

Firstly, technology has revolutionized communication, making it easier for people around the world to stay connected. Social media platforms like Facebook, Twitter, and Instagram allow individuals to connect with friends and family, share experiences, and exchange information. Video conferencing platforms like Zoom and Microsoft Teams have made it easier for remote

workers to communicate with their colleagues, even when they are working from different locations. Moreover, technology has enabled people to share their thoughts and ideas with a wider audience through blogs, podcasts, and YouTube channels. As a result, people have become more connected than ever before.

Moreover, technology has revolutionized the way we work, making it easier for people to work remotely and collaborate with colleagues across the world. With advances in cloud computing and file-sharing technologies, teams can work together on projects without being in the same place. Software like Slack and Trello has made it easier for teams to communicate, assign tasks, and track progress. Furthermore, the use of artificial intelligence and machine learning has improved productivity by automating repetitive tasks, freeing up time for workers to focus on more complex and challenging work.

The growth of technology has also made learning more accessible and more engaging. Online learning platforms like Coursera, Khan Academy, and Udemy have made education accessible to people around the world. Additionally, virtual reality and augmented reality technologies have made it possible to create immersive learning experiences, making education more interactive and engaging for students.

Finally, technology has transformed everyday life, making it easier and more convenient for people. For

example, smartphones not only allow individuals to stay connected but also provide access to the internet, GPS, and various apps. Developments in smart home technology, such as Google Home and Amazon Alexa, make it easier for people to control their home appliances and perform various tasks through voice commands.

In conclusion, technology has made significant contributions to society, revolutionizing the ways we communicate, work, learn, and live. These examples demonstrate the positive impact that technology can have on society, making our lives easier and more connected. Nevertheless, it is important to use technology in a responsible, ethical manner and to consider its negative impacts, such as the potential for addiction or damage to privacy.

Topic 42: **Education**

Vocabulary Bank

Word	Form	Meaning
Civilization	Noun	تمدن
Critical	Adj	انتقادي
Crucial	Adj	مهم
Analytical	Adj	تحليلي
Reasoning	Noun	استدلال
Mobility	Noun	خو حُبت
Creativity	Noun	خلاقيت
Diverse	Adj	متنوع
Advantage	Noun	كٲه

Education is a vital aspect of human civilization, and it plays a significant role in shaping the lives of individuals and societies. Education has been defined as the process of acquiring knowledge and skills through various forms of learning. In this essay, we will explore the importance of education and its impact on individuals and society, with specific examples.

Firstly, education is essential in providing individuals with the essential skills and knowledge needed to succeed in their personal and professional lives. Education equips individuals with crucial skills such as communication, critical thinking, problem-solving, and analytical reasoning. With these skills, individuals can excel in their careers and make meaningful contributions

to society. For instance, individuals with a solid educational background are better equipped to apply for high-paying jobs, start their own businesses, and contribute to economic growth.

Secondly, education is crucial in promoting social and economic mobility. Education provides individuals with the tools to climb the social and economic ladder. It provides them with opportunities to develop their skills and knowledge to advance their careers and achieve social and economic mobility. For example, individuals with a better education level tend to have higher-paying jobs and better lifestyle thus, they can provide for their families and also contribute to various social projects.

Moreover, education plays a significant role in promoting social cohesion and reducing conflicts in society. Education fosters mutual understanding and appreciation for diversity, creating a more tolerant and inclusive society. It promotes intercultural communication, which leads to greater peace and harmony among different communities. In countries where education is used as a tool for social harmony, they have experienced fewer instances of violence, tribalism, and other social conflicts.

Finally, education promotes personal growth and development. Education encourages individuals to explore their interests and talents, fostering personal growth and development. It provides a platform for individuals to hone their skills, develop new ones, and

explore their creativity. Other than academic education, extracurricular activities like sports, arts, debate clubs, and drama clubs provide a platform for developing diverse talents and interests.

In conclusion, education is an essential aspect of human civilization, as it promotes personal and social growth, economic development, and social cohesion. The examples provided clearly illustrate how education is beneficial to individuals, communities, and nations. Governments should invest heavily in education, to ensure a brighter future for their citizens. Moreover, it is essential to encourage individuals to pursue education actively and take advantage of the various educational opportunities available to them.

Topic 43: **How to become a successful YouTuber**

Vocabulary Bank

Word	Form	Meaning
endeavor	Noun	هڻه
Niche	Noun	طاق
Knowledgeable	Adj	پوه
Passionate	Adj	په زړه پوری
Memorable	Adj	د یادولو وړ
Reflect	Verb	منعکس کیدل
Brand	Noun	نښه
Promote	Verb	وده ورکول
Collaborate	Verb	همکاري کول

In the digital age we live in, it's not uncommon for people to aspire to become a successful YouTuber. However, becoming a successful YouTuber isn't as simple as just hitting the record button and uploading your video. It requires patience, dedication, and a lot of hard work.

The first step towards becoming a successful YouTuber is identifying your niche. This means defining the subject matter of your videos. For instance, you could create content about beauty, lifestyle, gaming, cooking, or any other area that interests you. The key is to pick a niche that you're knowledgeable about and passionate

about since this will help you to create quality content and maintain your audience's interest over time.

Once you've identified your niche, the next step is to create a YouTube channel. This involves coming up with a channel name that reflects your niche and channel content. The name should be catchy, memorable and easy to spell. Also, it would help if you created a logo and channel art that reflects your niche and brand.

After creating your YouTube channel, focus on creating quality videos. This means investing in quality equipment like cameras, microphones, and lighting to ensure your videos are of high quality, engaging, and enjoyable. Additionally, ensure that your videos are well-scripted, edited, and polished to leave a lasting impression on your audience.

Another essential aspect of becoming a successful YouTuber is consistently creating content. You need to consistently produce high-quality videos to keep your audience engaged and interested. Interact with your audience by replying to comments and asking for feedback on your videos.

Finally, promote your YouTube channel by leveraging social media platforms like Facebook, Twitter, and Instagram, and collaborate with other YouTubers in your niche. Engage with your audience across all social media platforms and respond to their comments and messages.

In conclusion, becoming a successful YouTuber takes time, dedication, hard work, and patience. By following the above steps, you can create quality content, build a loyal audience, and turn your passion into a successful career. Remember, consistency is key to creating and growing your channel, so keep creating and consistently improve on your content to achieve your goals.

Topic 44: **The Importance of Internet**

Vocabulary Bank

Word	Form	Meaning
Far-reaching	Adj	مهم
Seamlessly	Adv	بی خایه
Globally	Adv	پہ نریوالہ کچہ
Break down	Verb	ماتول
Storefront	Noun	پلورنخی
Conference	Noun	کنفرانس
Innovation	Noun	نوبت
Drive	Verb	چلول
Interconnected	Adj	یو بل سرہ تریلی

The internet has become an indispensable tool in our everyday lives, revolutionizing the way we communicate, learn, and do business. Its far-reaching impact has transformed the world into a global village, enabling people from diverse cultures and geographies to connect with each other seamlessly.

One of the biggest advantages of the internet is its vast repository of information. With just a few clicks, anyone can access a wealth of knowledge on almost any topic. This has made education and research more accessible and convenient, enabling students and scholars to learn and collaborate from anywhere in the world.

Additionally, the internet has transformed the way we do business. Online stores and e-commerce platforms have made shopping more convenient, and businesses are taking advantage of social media platforms to reach a wider audience. They can market their products and services globally without the need for a physical storefront, breaking down geographical barriers.

Moreover, the internet has revolutionized communication, making it faster and more efficient. Social media platforms, messaging apps, and video conferencing tools have made it possible for people to stay connected with friends, family, and colleagues regardless of their location.

In conclusion, the internet plays a critical role in our lives, driving innovations in education, business, and communication. Its importance cannot be overstated, and we must continue to leverage its potential to improve our lives and contribute to a more interconnected world.

Topic 45: **The Importance of English Language**

Word	Form	Meaning
Widely	Adv	په پراخه توگه
Spoken	Adj	غږیز
Significance	Noun	اهمیت
Collaboration	Noun	همکاري
Globalize	Verb	نړیوال کول
Individual	Noun	انفرادي فرد
Effective	Adj	اغیزمن

The English language is one of the most widely spoken languages in the world. It is used as the primary language of communication in many countries and is considered the language of international business, science, and technology. It is therefore essential to understand the importance of the English language in today's world.

Firstly, the significance of the English language can be seen in its widespread use across various fields. Countries that use English as their first language have a significant advantage in communication and collaboration, which is essential in today's globalized world. Moreover, the English language has become the lingua franca of international communication, and proficiency in this language is necessary for individuals to participate effectively in the global community.

Secondly, the English language is crucial for higher education and career development. Most prestigious universities worldwide require applicants to have a high level of proficiency in English before admission. Similarly, many job opportunities require fluency in English, and knowledge of this language can significantly enhance one's professional prospects.

Furthermore, the importance of the English language can also be seen in cultural exchange. English is widely used in media, entertainment, and literature, and being able to understand and appreciate these sources of information and entertainment can enrich one's life.

In conclusion, the English language is a vital tool for communication, education, and career development. Its importance cannot be overstated, and those who wish to succeed in today's world should strive to become proficient in this language.

Topic 46: Football

Vocabulary Bank

Word	Form	Meaning
Opponent	Noun	مخالف
Intensity	Noun	شدت
Stamina	Noun	استقامت
Aspect	Noun	اړخ
Offence	Noun	جرم
Strategy	Noun	ستراتیژی
Come up with	Ph verb	حل کول
Formation	Noun	تشکیل
Oppose	Verb	مخالفت کول

Football is one of the most popular sports in the world. It is a team game that involves two teams of eleven players in each. The goal of the game is to score more goals than the opponent team.

Football is a high-intensity game that requires a lot of physical and mental strength. The players are required to have quick reflexes, good speed, and stamina. They must be able to make quick decisions and communicate effectively with their teammates.

One of the most important aspects of football is teamwork. The players must work together in order to achieve their objective. Each player has a specific role to play and must contribute to the success of the team. The

defense players must work to stop the opposing team from scoring while the offense players must work to score goals.

Another important aspect of football is strategy. The coaches must come up with a plan that takes into account the strengths and weaknesses of their team as well as the opposing team. They must decide on formations and tactics that will help their team to score more goals and win the game.

Football is also a game that teaches valuable life lessons. It teaches players about the importance of hard work, dedication, and perseverance. It also teaches them about the importance of teamwork, communication, and leadership.

In addition to being a fun and exciting game to watch, football has also been shown to have numerous health benefits. It is a good cardiovascular workout and can help to improve physical fitness. It can also help to improve coordination and balance.

In conclusion, football is a sport that is enjoyed by millions of people around the world. It requires a lot of physical and mental strength, teamwork, and strategy. It teaches valuable life lessons and has numerous health benefits. Whether you are a player or a fan, football is a great sport that is sure to provide hours of entertainment and enjoyment.

Topic 47: **Body Language**

Vocabulary Bank

Word	Form	Meaning
Nonverbal	Adj	غير لفظي
Gesture	Noun	اشاره
Posture	Noun	حالت
Convey	Verb	رسول
Widen	Verb	پراخول
Upright	Adj	مستقيم
Slouch	Verb	کورپور کیدل
Indicate	Verb	په گوته کول
Skilled	Adj	ماهر

Body language is a form of communication that involves nonverbal cues such as gestures, facial expressions, and posture. It is a powerful tool that can convey messages and emotions without the use of words. Understanding body language is important as it can help us to better understand others and communicate more effectively.

Gestures are a common form of body language. They can convey a range of emotions such as happiness, sadness, anger, or even confusion. For example, a person who is happy might smile and nod their head while a person who is angry might clench their fists or cross their arms.

Facial expressions are another form of body language. They can convey a range of emotions such as joy, sadness, surprise, or boredom. For example, a person who is happy might have a wide smile while a person who is surprised might have widened eyes and open mouth.

One's posture can also communicate a lot about their status, mood, and confidence. Upright posture reflects confidence, while a slouching posture could indicate that the person feels inferior or ashamed. A person who is feeling insecure might fidget with their clothing or avoid eye contact.

Body language can also reveal someone's level of comfort. For example, crossed legs indicate discomfort or defensiveness, while open legs and arms indicate comfort and openness.

Understanding body language can help us to communicate more effectively in both personal and professional settings. For example, a healthcare worker who is skilled in observing body language can make better diagnoses and devise appropriate treatment plans. An employer can better understand an employee who's body language shows low confidence or discomfort, and find ways to address the issues.

Body language also plays a role in cultural differences. For instance, a head nod can mean yes in Western culture, while in India, it can convey acknowledgement. Understanding cultural disparities in body language

expressions is important as it helps to avoid misunderstandings.

In conclusion, body language is an essential aspect of communication. It can reveal a lot about our thoughts, feelings, and emotions. By understanding and interpreting the nonverbal cues of others, we can improve our communication abilities and relationships with others, and also avoid misunderstandings.

Topic 48: **Peace**

Vocabulary Bank

Word	Form	Meaning
Peace	Noun	سوله
Harmony	Noun	همغري
Violence	Noun	تاوتريوخوالى
Conflict	Noun	شخړه
Equality	Noun	مساوات
Freedom	Noun	ازادي
Negotiate	Verb	خبرى كول
Politicians	Noun	سياستوال
Cause	Noun	لامل

Peace is a state of harmony that is free from war, violence, and conflict. It is an ideal condition that people have been striving for since the beginning of time. Peace is a fundamental human right and is essential for the progress of society. It is not just the absence of violence, but the presence of justice, equality, and freedom. The absence of peace can result in destruction, chaos, and loss of life. In this essay, I will discuss the importance of peace and how it can be achieved.

Peace can be achieved in various ways. Firstly, peace can be achieved by resolving conflicts through dialogue and negotiations. Countries or groups in conflict need to come together and discuss their problems rather than resorting to violence. This approach was used

successfully in South Africa, where Nelson Mandela was able to negotiate with white politicians and end apartheid peacefully.

Secondly, promoting peace can be achieved through education. Education can help people understand the importance of peace and its benefits. It also helps people to understand the causes of conflict and helps them find ways to resolve those conflicts peacefully. Education gives people the tools to solve conflicts without resorting to violence.

Thirdly, promoting peace can be achieved through economic development. Countries with strong economies and high standards of living are less likely to participate in violent conflicts. Economic development promotes equality and social stability, which in turn promotes peace. For example, countries like Germany and Japan, after World War II, became leading proponents of peace because of their commitment to rebuilding their economies.

While peace is essential for society and the world, there are still several challenges to achieving peace. Firstly, there are political and economic interests that often prevent countries or groups from coming together and discussing their problems. Secondly, there are still conflicts that are based on religion, race, and nationality, which makes it difficult to achieve peace.

In conclusion, peace is vital for society and the world to prosper. It requires dialogue, education, economic

development, and commitment to resolving conflicts without resorting to violence. The promotion of peace can result in the creation of a world where everyone has equal rights and opportunities, and where violence, war, and conflict are distant memories. The world needs the presence of peace to overcome challenges like poverty, climate change, and social inequality, and it is our collective responsibility to work towards a peaceful future.

Topic 49: **Security**

Vocabulary Bank

Word	Form	Meaning
Strive	Noun	هڻه
Attain	Verb	لاسته راوړل
Adequate	Adj	کافي
Enforcement	Noun	تطبيق
Agency	Noun	اداره
Terrorism	Noun	تروريزم
Crime	Noun	جرم
Prevention	Noun	مخنيوی
Prosecution	Noun	محاکمه

Security is a crucial aspect of human life that people strive to attain for themselves, their families, and their communities. Security can be defined as the measures put in place to prevent harm, danger or loss, both physical and emotional. Security can be achieved through various means, including adequate laws and policies, effective policing, and community involvement. In this essay, I will discuss the importance of security and how it can be attained.

Security is essential as it promotes safety and protects individuals, families, and communities from harm. It enables people to live freely without fear of harm or danger from state or non-state actors. Adequate security measures ensure that people are protected from physical

threats, such as terrorism, crime, and violence. For instance, the police and other law enforcement agencies have been responsible for providing security to individuals, businesses, and communities through the prevention and prosecution of crimes.

Additionally, security is essential for economic growth as it creates a conducive environment for business and commerce to thrive. Investors and entrepreneurs are more likely to invest in economically stable and secure areas, which makes security a vital component for economic stability. For example, countries that have high levels of insecurity experience slow economic growth, as investors avoid such locations due to unrest and instability.

Security can be attained through various means. One way is through effective and efficient policing, whereby police officers are well-trained, equipped with the necessary tools, and work in cooperation with the community to prevent and respond to crimes. Adequate policing has been effective in areas such as New York City, where the “broken windows theory” of policing has led to a significant reduction in major crime rates.

Another way to achieve security is through community involvement. The community has a vital role to play in ensuring security, and they can contribute by reporting incidents of crime or suspicious activity to the authorities. Communities can also establish

neighborhood watch programs that help to prevent crimes and respond quickly to incidents of crime.

Lastly, technology plays a critical role in attaining security. Technological advancement has led to the creation of modern security systems, such as smart cameras, biometric identification, and alarm systems, which help to prevent or respond quickly to incidents of insecurity. For example, the use of CCTV cameras has been beneficial in apprehending criminals and deterring criminal activity in public spaces.

In conclusion, security is an essential aspect of human life and has a significant impact on social and economic development. Achieving security requires the involvement of law enforcement agencies, community members, and the application of modern technology. Effective security measures promote safety and stability, which fosters economic growth and prosperity. It is essential for governments, communities, and individuals to play their part in ensuring security for themselves and others.

Topic 50: **Afghanistan**

Vocabulary Bank

Word	Form	Meaning
Landlocked	Adj	وچ کی بند
Share	Verb	شریکول
Border	Noun	سرحد
Estimate	Noun	اتیکل
Leading	Adj	مخکین
Establish	Verb	تاسیس کول
Empire	Noun	امپراتوری
Transformation	Noun	بدلون
Regime	Noun	رژیم

Afghanistan is a landlocked country in South Asia that shares borders with Iran, Pakistan, Turkmenistan, Uzbekistan, and Tajikistan. The country's population is estimated at over 38 million, with Pashtuns, Tajiks, Hazaras, Uzbeks, and other ethnic groups making up the majority. Afghanistan has a rich cultural heritage, but it has suffered decades of war and political instability, leading to economic and social challenges for its people.

The first modern state in Afghanistan was established in 1747 when Ahmad Shah Durrani founded the Durrani Empire. Since then, Afghanistan has undergone several political transformations, including periods of monarchies, communist rule, and the Islamic Republic of Afghanistan, which began in 2004. However,

Afghanistan has been plagued by conflict and regional instability for decades.

One of the significant conflicts in Afghanistan was the Soviet-Afghan War, which began in 1979 and lasted for a decade. The conflict left Afghanistan in ruins and led to the rise of extremist groups such as the Taliban, who took control of the country in 1996. The Taliban regime was marked by widespread human rights abuses and the harboring of international terrorist groups, including Al Qaeda, which led to the US-led military intervention in 2001.

The US-led military intervention in Afghanistan, known as Operation Enduring Freedom, aimed to remove the Taliban regime and dismantle Al Qaeda. The intervention led to the establishment of a democratic government and the withdrawal of foreign forces, but the country remained plagued by violence and insurgency. The Taliban regained control of much of the country after the withdrawal of foreign forces, leading to renewed instability and conflict.

Afghanistan's political instability has had significant impacts on its economy and social development. Poverty, unemployment, and corruption are some of the challenges facing Afghanistan. The country also faces significant environmental challenges, including drought, deforestation, and soil erosion.

Despite these challenges, Afghanistan has made significant progress in recent years, including the establishment of democratic institutions, investment in infrastructure, and the expansion of access to education and healthcare. However, these gains are at risk due to the ongoing violence and insecurity in parts of the country.

In conclusion, Afghanistan is a country with a rich cultural heritage, but it has suffered decades of conflict and political instability, leading to social and economic challenges for its people. The US-led military intervention aimed to address these issues, but the country remains plagued by violence and insurgency. Achieving lasting peace and stability in Afghanistan will require sustained efforts from the government, the international community, and the Afghan people.

Topic 51: Love

Vocabulary Bank

Word	Form	Meaning
Compose	Verb	جوړول
Complex	Adj	سخت
Romantic	Adj	عشقی
Familial	Adj	کورنی
Alternative	Noun	بدیل
Unconditional	Adj	غیر مشروط
Emotion	Verb	احساسات
Concrete	Adj	قوي
Literature	Noun	ادبیات

When composing an essay about love, it is important to consider the various facets of this complex emotion. Love can encompass many different experiences and feelings, including romantic love, platonic love, familial love, and self-love. To write about love effectively, one must be able to convey the nuances and complexities of this emotion.

One way to approach an essay about love is to focus on a particular aspect of this emotion and provide specific examples. For example, one might choose to write about the experience of falling in love for the first time and how this can shape one's understanding of love.

Alternatively, one might focus on the concept of unconditional love and explore what it means to love someone deeply and selflessly.

In any case, it is important for the writer to provide concrete examples and experiences to support their ideas. This might involve drawing on personal experiences or anecdotes, or using examples from literature, film, or history. By incorporating specific examples, the writer can create a more vivid and engaging essay that speaks directly to the reader's own experiences of love.

Ultimately, the key to writing a successful essay about love is to approach the topic with sincerity, empathy, and an open mind. By exploring the many facets of this complex emotion, the writer can offer insights and reflections that will resonate with readers and deepen their own understanding of what it means to love and be loved.

Thank you for purchasing this book.

Munawardin Lakanwal

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